

Mountaineer

Vol. 62, No.10

Published in the interest of the 7th Infantry Division and Fort Carson community
Visit the Fort Carson Web site at www.carson.army.mil

March 12, 2004



Photos by Pfc. Stephen Kretsinger

Home at last ...

Above: Spc. Aaron Evans, crew chief, 571st Medical Detachment, Helicopter Ambulance, warmly kisses his wife Angela at a welcome home ceremony Tuesday. Left: The Special Events Center crowd welcomes troops home from the 571st Air Ambulance. See pages 24 and 25 for more on our troops returning home.

Living with bears on the Mountain Post

by Richard Bunn and Bill Maynard
Directorate of Environmental Compliance and Management wildlife

Seeing a bear is rare, but you don't need to be in the woods to come face to face with one of these unique and powerful Colorado residents.

Fort Carson is in bear country, and everyone living or working on the Mountain Post should know basic bear facts. By learning a few simple rules, you can reduce your chances of an unpleasant encounter with one of the largest of North American predators.

The Colorado Division of Wildlife estimates that between 8,000 and 12,000 black bears roam the woods and back county of Colorado, and every one of them is hungry. Bears are always hungry. This is an important fact about bears. Virtually all unpleasant human-bear encounters begin with food. Because of this, you should never create a situation at your home, office, or picnic areas where bears can learn they have easy access to food.

Bears are always looking for food, and they will eat virtually anything. They are especially fond of garbage, bird feeders and bowls of pet food left out on the back porch. Once a bear finds an easy way to snag a snack in your backyard, it will return day after day for another. Oftentimes, bear problems start rather innocently — you come home and see a bear eating out of the pet bowls in the backyard. Instead of making sure no food is left out the next evening, you put a little extra in the bowl. What's the harm? A bear in the backyard is not something you see every day, besides "I can just stop leaving food out once I get a few photos."

Simply removing the food will not make the bear go away. A family was feeding a bear in a small town just west of Colorado Springs. The bear returned every day for the handout. Soon another bear appeared, then another. Alarmed, the family stopped feeding the bears, but the bears still returned every evening. One of the bears, used to being fed, became aggressive and tried to enter the family's house after the handouts disappeared.

Feeding big game is not only a criminal offense in Colorado, but doing so creates a nuisance potentially threatening the safety of your family and your neighbors.

See Bears, Page 8

TMC 9 moves, reopens

by Spc. Curt Cashour
14th Public Affairs Detachment

Fort Carson's Troop Medical Clinic 9 reopened March 1 in a new location, building 1041 at the corner of Berkeley Avenue and O'Connell Boulevard.

The clinic closed its doors in April 2003 due to a number of deployments of Fort Carson Soldiers. Since then, Soldiers assigned to Troop Medical Clinic 9 have had to visit Carson's TMC 10 for their TMC needs.

Now that Soldiers are redeploying from Iraq, TMC 9 is open to provide services to Soldiers previously assigned there, said Maj. Wendy Campbell, TMC 9 officer in charge.

While TMC 9 offers the same services as it did in its old building, the new facility is full of improvements.

Contractors began refurbishing the new TMC location, which was previously a maintenance shop for the 64th Forward Support Battalion, in June 2003. They completed the project Feb. 15 of this year, said Staff Sgt. Kenneth Kidd, TMC 9 assistant noncommissioned officer in charge.

"They basically gutted the building, left the brick

shell, put a new roof on top and rebuilt the walls inside," Campbell said.

The quality of this facility is much better, and everything inside is completely new, including the furniture and computer systems, Campbell said.

In addition to being better, the new TMC 9 is also bigger, with 13 exam rooms, as opposed to the six or eight in the old facility, Campbell said.

The new building also tops the old facility when it comes to another important type of room: restrooms.

"The old TMC had a single bathroom for everybody staff and patients, male and female combined. Here, we've got probably six or eight," said Peter Farrar, TMC 9 licensed practical nurse.

TMC 9 sick call hours are Monday through Thursday 7 to 8 a.m. and Friday 1 to 2 p.m. Call-in appointments are available Monday through Friday from 9 to 11 a.m., and out processing screenings take place Monday through Friday from 1 to 3 p.m. TMC 9 also offers immunization services and daily blood pressure checks. Call 524-2048 for information or to make an appointment.

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Fort Carson welcomes homes troops.

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The Colorado Springs Pioneers Museum chronicles history of the city and its leaders.

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Tax Center

The tax center is open to all Soldiers and their families. Hours are Monday through Thursday from 8 a.m. to 6 p.m., Friday and some Saturdays. Call the tax center at 524-1012 or 524-1013 for more information.

Post Weather hotline:

526-0096

CG: Welcome home Carson troops

Over the next few months, the Mountain Post Team will welcome nearly 13,000 of our active and reserve component Soldiers returning from a year of combat operations in Iraq or Afghanistan. This is a significant event for Soldiers, families, Fort Carson and the neighboring communities. As the largest post-World War II troop movement into Fort Carson, the installation support teams are revving up to receive the returning Soldiers and integrate them back into the Mountain Post Team and to demobilize Reserve component Soldiers and move them back to their home states.

Extensive preparations for the reunion of Soldiers with their family members and the reintegration of units back to Fort Carson are ongoing. Two weeks prior to their return, each Soldier receives a number of mandated briefings to include a health assessment and suicide-prevention training. On the receiving end, Army Community Services provides reunion briefings and suicide awareness training for families. In addition, schoolteachers and counselors, as well as child-care providers, receive training to assist children with the reunion process.

On the day of a Soldier's return, the procedures are the same for active and Reserve component Soldiers. Initially, Soldiers go through reception and reintegration procedures at the Colorado Jet Center or Peterson Air Force Base. They are greeted by a member of the Fort Carson command group, followed by customs checks and accountability of personnel and equipment. The entire process lasts no more than three hours. Soldiers are then bused to the Special Events Center for a heroes' welcome and a reception ceremony. After brief remarks, Soldiers, friends and families are reunited and officially released to begin their "welcome-home" process. To expedite the process and for security concerns, all family members and friends are asked not to greet their loved ones prior to the welcome back ceremony at the Fort Carson Special Events Center.

Regardless of active or reserve component status, most returning Soldiers have not experienced a "normal" way of life or seen their families in 12 months. The Mountain Post Team and the Army recognizes this initial redeployment adjustment time as a reintegration period. Following the reception ceremony, most Soldiers receive a 48- or 96-hour pass to reac-

quaint themselves with their loved ones and take care of personal business. The Soldiers then return to work for two weeks of further reintegration procedures. Reserve Soldiers will receive a one-day pass and begin their five-day demobilization period so that they can reunite them with their families and friends as quickly as possible.

The two-week reintegration process includes: medical and dental evaluations, finance actions, tax assistance and formal counseling to Soldiers with additional needs. During this time, many Soldiers also receive their household goods and privately owned vehicles stored during the deployment. The procedures are coordinated with the Fort Carson provost marshal, and the installation and rear detachment leadership. Leaders ensure that every vehicle is properly inspected, licensed, registered and insured. The Colorado Department of Motor Vehicles is working with us on this issue and in many cases will grant a Soldier an immediate temporary registration.

A strong focus on the family also exists during the two weeks. ACS offers a number of prescheduled reunion briefings. On-call briefings, established by the unit or family readiness groups, are also possible as well as individual and family counseling. These briefings are not only for married couples and Soldiers, but they are encouraged to bring any significant other to these briefings. ACS realizes the transition process affects everyone.

From TRICARE to family reunion briefs, the Mountain Post Team is leaning forward to ensure every Soldier and family have all necessary information and tools to conduct a successful reintegration. This initial two weeks also involves determining if the Soldier needs any military or civilian schooling.

Reserve-component Soldiers accomplish the same demobilizing tasks in five days, which is necessary to quickly deploy them back to their home states and families. At the end of the demobilization period, the Mountain Post will host a world-class farewell ceremony thanking them for their great service and commitment to their country and our Army.

Following the reintegration and reprocessing period, active-component Soldiers will begin a much deserved block leave period. Upon their return, the majority of the Mountain Post Team will focus on receiving and repairing all of our major combat sys-

tems. The majority of the deployed unit's heavy equipment is to arrive at our rail yard and back to our unit motor pools during this period.

The Army and Fort Carson recognizes the critical issues associated with Soldiers, families, equipment coming home and the entire reintegration process. As a result, the Army has directed a 90-day stabilization period; ensuring Soldiers, recently deployed, are not faced with an immediate permanent change of station or end of time and service. We expect this stabilization period to last into June (depending on when the Soldier redeployed). After the block leave period, ACS will provide couples the Prevention, Relationship, Enhancement Program training with free child-care support. This program gives couples more time to reconnect and work out the stresses associated with returning from deployment. Additional counseling and chaplain services continue to be available during this timeframe as ACS realizes that the reintegration process is an ongoing event.

The 43rd Area Support Group, the 3rd Armored Cavalry Regiment and the 3rd Brigade Combat Team will each host its own respective formal recognition ceremonies the last weeks of May and the first week of June to honor their returning Soldiers, Rear Detachment commanders and Family Readiness Group leaders. These ceremonies lead into June as a celebration month for Fort Carson. The celebration is not just for Soldiers returning from Iraq and Afghanistan but also for the many Soldiers called to active duty to assist Soldiers deploying from Fort Carson, to provide installation security and support. Fort Carson and

Colorado Springs have teamed together to celebrate Mountain Post Soldiers and families working together in the fight on the Global War on Terrorism. The celebration will start with Kit Carson Week, June 1 to 4. From children's games to sports competitions, it promises to be a great week to bring the military community together in a fun, social atmosphere.

The celebration will continue June 5 with a parade hosted by Colorado Springs for all the units and Soldiers who participated in the Global War on Terrorism as well as all the units and family members that supported the Fort Carson installation in their absence. The celebration is an excellent opportunity for the Colorado Springs community to express their



Wilson

appreciation to our great Soldiers' performance. On June 10, we will pause celebrations to honor our fallen Soldiers from the Global War on Terrorism with a dedication memorial at Fort Carson's Kit Carson Statue near Gate 1. Soon after, we'll celebrate the 229th birthday of our Army at our annual Army Ball, June 12, at the Phil Long Expo Center. With an anticipated 3,500 Soldiers, family members, and guests gathering for this incredible night of music and entertainment, the final night of celebration would be a mistake to miss.

On June 14, the actual Army Birthday, the Mountain Post Team will regain focus of our military mission and return to our training strategy. There will be an unprecedented number of changes of command in June. These new Mountain Post leaders will initiate the re-certification of our Soldiers, the rebuilding of our combat teams, and the retraining of our units for future operations.

Busy and exciting times are ahead for Fort Carson. We will not rest on the accomplishments of the Mountain Post. The 7th Infantry Division and the entire Mountain Post Team are fully prepared to give redeploying Soldiers and family members the support they have earned and truly deserve. I encourage everyone at Fort Carson to welcome these great Americans home with open arms. I can think of no better place in the Army to reintegrate our Soldiers and their families back into the community and provide them a quality of life that is second to none.

Bayonet!

*Maj. Gen. Robert Wilson
commanding general
7th Infantry Division and Fort Carson*

MOUNTAINEER

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This commercial enterprise newspaper is an authorized publication for members of the U.S. Army. Contents of the *Mountaineer* are not necessarily the official view of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or Fort Carson. It is published weekly, using photo-offset reproduction (or other printing process) by the Public Affairs Office, Fort Carson, CO 80913-5119. Tel: (719) 526-4144. The e-mail address is mountainereditor@carson.army.mil. Printed circulation: 12,000 copies.

The *Mountaineer* is an unofficial publication authorized by AR 360-1. Editorial content is prepared, edited, and provided by the Public Affairs Office of Fort Carson. The *Mountaineer* is printed by Gowdy Printcraft Press, Inc., a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Carson.

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All correspondence or queries regarding advertising and subscriptions should be directed to Gowdy Printcraft Press, Inc., 22 North Sierra Madre, Colorado Springs, CO

80903, phone (719) 634-1593. The *Mountaineer's* editorial content is edited, prepared and provided by the Public Affairs Office, Bldg. 1550, room 2180, Fort Carson, CO 80913-5119, phone (719) 526-4144.

Releases from outside sources are so indicated. Army News Service releases are received from Headquarters, Department of the Army. The deadline for submissions to the *Mountaineer* is close of business the Friday before the issue the submission will appear in. The *Mountaineer* staff reserves the right to edit the submissions for newspaper style, clarity and typographical errors.

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News

Soldiers to get assignments via e-mail

by Sgt. 1st Class Marcia Triggs
Army News Service

WASHINGTON — The Human Resources Command will be using the Internet as a means to maintain up-to-date information on enlisted Soldiers to help them choose assignments and manage their careers.

In early March, HRC will begin notifying Soldiers of their next duty assignment within 90 days of their departure by e-mailing the information to their Army Knowledge Online e-mail addresses. Other Web-based initiatives include:

- Sending e-mails that acknowledge receipt when Soldiers update their assignment preferences on Assignment Satisfaction Key, known as ASK, the Web assignment preference page.
- E-mail reminders will also be sent out to get Soldiers to update their contact information (home address and telephone number) 90 days after arriving at their new duty station. Then Soldiers will be reminded to update their assignment preferences on ASK after being stationed stateside for 24 months, and 18 months for those overseas.

Out of 407,000 enlisted Soldiers, who have already graduated from Initial Entry Training,

292,660 Soldiers have visited the ASK Web site so far, said HRC officials. Soldiers can be anywhere in the world and update their preferences through the Internet, officials added.

"The Army is going through a cultural change. We are giving privates career information before their chain of command finds out," said Brig. Gen. Howard Bromberg, the director of Enlisted Personnel Management Directorate, HRC. "We will continue to change our policies as necessary to support the global war on terror and a joint and expeditionary Army."

Commanders will still find out about Soldier assignments through traditional means, but the HRC-GRAM, formerly known as the PERSGRAM, that is sent to Soldiers through the mail will be phased out. Soldiers will be able to find out about assignments through e-mail notification or by calling an Interactive Voice Response System at (800) FYI-EPMD.

ASK was first introduced to Soldiers two years ago. However, this will be the first time Soldiers will have access to view key personnel information that is used by assignment managers when considering a Soldier for assignment, officials said.

"It is important that Soldiers look at their personnel information to ensure it is correct. If it needs to

be updated they need to contact their local personnel office," Bromberg said.

The more accurate information career managers have on a Soldier, the higher the success rate will be in finding an assignment that's right for the Soldier and the Army, Bromberg said. However, Bromberg added that just because the Army is listening to its young Soldiers, doesn't mean that they're going to always get what they ask for. In assigning Soldiers, the focus is combat readiness, Bromberg added.

Where Soldiers are assigned is only a piece of the Army's stabilization puzzle, Bromberg said. The other parts include the Army's new Manning System, Force Stabilization which consists of unit-focused stabilization and home-basing. Home-basing will require initial-term officers and enlisted Soldiers to stay at their first duty station for an extended tour of up to six or seven years.

"These initiatives are about unit over self," Bromberg said. "We're still taking care of Soldiers and getting them the training and care they need. But we're focused on getting units stabilized so they can do the mission at hand."

An example of the needs of the Army coming before assignment preference is: a Soldier serving in

Army treating hundreds of 'leish' cases

by Karen Fleming-Michael
Army News Service

FORT DETRICK, Md. — A little-known parasite that causes chronic, festering sores will be returning home with some of Operation Iraqi Freedom's warfighters.

Cutaneous leishmaniasis, which affects the skin, is caused by a sand fly bite that deposits the parasite that eventually causes weeping sores that don't heal as quickly as regular sores.

"The majority of these are lesions on the face or on the hands over joints. So in the short term, it's just not pleasant to have a lesion that won't heal potentially for up to a year — and some of these get quite large," said Lt. Col. Peter Weina, a "leish" expert at the Walter Reed Army Institute of Research. "In the long term, the problem is the scarring, which can be disfiguring if it's on the face and can limit movement of the hands if it's over a

joint."

Iraq's sand flies are most active during warm nights from March to October, so troops on the move during Operation Iraqi Freedom were right in the middle of "Sand fly central."

"In the march up to Baghdad, people would literally fall asleep on their 'Humvee' or out in the middle of the desert, so we had enormous amounts of exposure in the evenings in areas where there were a lot of sand flies," said Col. Alan Magill, another of Walter Reed Army Institute of Research's experts on leishmaniasis.

Leish experts suspected the disease was going to be a problem for troops, but until Weina arrived in theater to serve with the 520th Theater Army Medical Laboratory, they didn't know just how big the problem was. Initially sent to look for weapons of mass destruction, Weina's team also looked for common diseases in the area, like

leish, to see what risk they posed to warfighters.

By April 2003, fears were confirmed.

"We found sand flies in the area and started testing them and found some extraordinary infection rates in the flies," he said. "We expected to find maybe one-tenth of one percent of the sand flies to be infected with leishmaniasis, and we were finding 2 percent of the sand flies were infected in some locations."

Finding that many infected sand flies meant a huge increase in the potential number of cases, so Weina and his team went into full prevention mode.

"We went to units and talked to everyone from the commander on down to the private. They needed to know that the best thing to do with this disease was to prevent getting it in the first place," he said. "We did everything from stand-up comic routines out in an opening in

the middle of tents, all the way to full briefings in conference rooms."

Though travel was hazardous, Weina's message to the audiences he reached was simple: Wear DEET insect repellent so sand flies don't bite; use permethrin, a pesticide, on uniforms to keep sand flies away; and sleep under mosquito nets that have been treated with permethrin. The discovery of the leish problem coincided with the war, so getting the word out on the disease wasn't easy, Weina said.

"I tried to get the attention of the brass above me ... but their concerns weren't about the guys sleeping under bed nets but making sure they weren't going to get killed."

He and his team also talked to the medical professionals in the area so they'd be on the lookout for leish. "The problem is that some (lesions) look like

See Insects, Page 7

Military

10th CSH utilizes new field hospital

by Cpl. Matt Millham

14th Public Affairs Detachment

The 10th Combat Support Hospital began erecting one of the Army's newest models of field equipment Monday on a field behind the Post Exchange. Though not as hyped as some of the Army's other new projects, like the Stryker, it has a much more practical, if not essential, purpose.

Spread over 6.5 acres, the complex of green, plastic-coated tents, generators, collapsible trailers and storage containers linked by thousands of feet of cables looks more like a small invading army than a hospital. But inside the maze of tents is an 84-bed, state-of-the-art field hospital, the newest in the Army's transformation to a lighter more mobile force.

The 84-bed hospital, along with a new 164-bed hospital, has replaced the 10th Combat Support Hospital's old 296-bed hospital as part of the Army's medical reengineering initiative.

"Basically we downsized, but we didn't lose any of our effectiveness by doing so," said Sgt. 1st Class Jawn Oilar, wardmaster for the 10th CSH.

Despite the fact that the new structure has less than a third of the capacity of the old hospital, it is fully outfitted with the latest equipment so that "everything you see here is about the same thing



Photo by Cpl. Matt Millham

Members of the 10th Combat Support Hospital prepare to take an X-ray of the badly mangled hand of a Soldier injured in an attack by an improvised explosive device during a field exercise Tuesday.

Military Briefs

Misc.

Go Warrant Officer — The U.S. Military Academy at West Point is looking for branch-qualified company grade officers and noncommissioned officers in the rank of sergeant first class interested in an assignment to the USMA. NCOs should have drill sergeant or platoon sergeant experience with 12 to 15 years of service to be assigned to the staff and faculty as instructors and company tactical NCOs. Selected officers will normally attend advanced civil schooling for up to two years followed by a three-year tour at West Point. For application information, go to <http://www.usma.army.mil/adjutantgeneral> or write to Management Operations Branch, AG Division, West Point, N.Y. 10996-1926.

The Army is looking for highly motivated Soldiers to fill its warrant officer positions, open in all 45 specialties if you qualify. Soldiers with less than 12 years active federal service are encouraged to apply. For more information, contact the Warrant Officer Recruiting Team at www.usarec.army.mil/warrant or DSN 536-0484/0458/0488/0478/1860/0271.

OCS board — There will be a local OCS board April 8 and 9. This board is required for all applicants. All participants must report in Class A's. All packets must be turned in to the 478th PSB, Personnel Actions Section, building 1118, room 208, no later than April 1. For more information, call 526-1906.

Special Forces briefings — Special Forces briefings will be conducted weekly

at the Grant Library. The briefing times are Wednesdays, 1:30 p.m. and Thursday 1:30 and 3:30 p.m. The Army's Special Forces is a strategic, multi-purpose force capable of rapid response to various contingencies around the world. Called "Green Berets," these highly-skilled Soldiers are trained in unconventional warfare, foreign internal defense, direct action, special reconnaissance, combating terrorism, information operations and counter-proliferation. Special Forces candidates must be mature and self-motivated; open and humble; and better conditioned physically and emotionally than the average Soldier. All interested male soldiers, privates first class to staff sergeants, and second and first lieutenants are encouraged to attend. For more information, contact Sgt. 1st Class Bill Roepe at 524-1461.

CIF Hours

Central Issue Facility hours of operation:

Regular business hours

Mondays, Tuesdays, Wednesdays and Thursdays from 7:30 a.m. to noon and 12:30 to 3 p.m. and Fridays from 7:30 a.m. to noon.

Initial/partial issues

Mondays, Thursdays and Fridays from 8 to 11:30 a.m. and 12:30 to 3 p.m. and Mondays, Tuesdays, Wednesdays and Thursdays from 12:30 to 3 p.m.

Direct exchange

Mondays, Tuesdays, Wednesdays and Thursdays from 12:30 to 3 p.m.

Partial turn-ins

Mondays, Tuesdays, Wednesdays and Thursdays from 12:30 to 3 p.m.

Full turn-ins

Appointments are scheduled Mondays, Tuesdays, Wednesdays and Thursdays. Call 526-3321.

Effective immediately: Replacement will be scheduled Mondays, Thursdays and Friday mornings. Demobilized units tentatively have Tuesdays and Wednesdays to schedule out processing. Mobilization units will schedule unit direct exchange by appointment. Unit supply sergeants will

collect Soldiers' DX items and schedule CIF appointments. A CIF employee will work one-on-one with a supply sergeant.

Active-duty units — Permanent Change of Station/End of Time and Service/chapters/retirees will make an initial out processing appointment Mondays, Tuesdays, Wednesdays and Fridays for turn-in. All follow-on appointments (14 OCIE items or less) will be scheduled if needed.

Bulk issue and turn-ins — by appointment only.

Appointments can be made with Kristine Harald at 526-3321. POC for this information is Frank Howard, CIF supervisor at 526-6477.

Laundry Service

Post Laundry Service — The post laundry service provides free laundry service to Soldiers for government-owned property only. Items issued by the Central Issue Facility should be cleaned at the post laundry prior to turn in. Allow extra time for items to return from the cleaners. It is not recommended to pick up your equipment on the same day as the scheduled CIF appointment. The turn around for the service is 72 hours. No appointment is necessary. The post laundry will not clean personal items like Battle Dress Uniforms, boots, tent pegs, canteens, entrenching tools or wet-weather gear. Material TA-50 items that can be washed include: sleeping bag assembly, chemical suits, Gortex, ruck sacks, coveralls, CVC jackets and most web equipment.

Hours of operation are 7:30 a.m. to noon and 12:30 to 3:45 p.m., Mondays through Fridays, excluding holidays. For more information, call 526-8806 or 526-8804.

Briefings

eArmyU — eArmyU program briefings are conducted at the Mountain Post Training and Education Center, building 1117, Tuesdays at 9 and 11:30 a.m. and Wednesdays at 1:30 p.m.

The Army Career and Alumni

Center briefing is required for all departing servicemembers. The current ACAP policy is to register personnel ETSing one year out and retirees two years out. Briefings are held Mondays, Tuesdays, Thursdays and Fridays from 8:30 to 10 a.m. Call 526-1002 or 526-0640 to schedule a briefing.

Are you ETSing? If you're within 120 days of end of time in service, you must immediately call 526-2607 or 526-2599 to make your appointment for your mandatory Reserve Component Briefing.

The Commanding General's Newcomers' Brief is the third Wednesday of each month, 1 to 3 p.m. at McMahon Theater.

Hours of operation

The Mountain Post Training and Education Center's hours for certain programs and services will change Monday.

Hours are:

eArmyU Testing center, Monday through Thursday, 7 a.m. to 4:30 p.m.

Army Learning Center and basic skills classes, Monday through Thursday, 9 a.m. to 4 p.m.

Counselor Support Center, Monday through Thursday 7 a.m. to 4:45 p.m. Friday 11 a.m. to 4:45 p.m.

Claims Division hours — The Claims Division office hours are now Monday through Thursday from 9 to 11:30 a.m. and 1 to 4 p.m. The office is closed Fridays.

Personnel Claims hours:

Mandatory briefing: Mondays and Wednesdays from 10 a.m. to 2 p.m. Submit DD 1840/1840R

Receive documents for filing:

Submitting completed Tuesdays and Thursdays from 9 to 11:30 a.m. Claims: 1 to 4 p.m. Closed on Friday.

If there is an emergency personnel claims issue on Friday, call Tina Kolb at 526-1352 to see if it warrants an appointment.

Editor's note: The deadline for submitting "briefs" to the Mountaineer is 5 p.m. Friday before publication.

Assignments

From Page 3

Korea who was told that he could go to Fort Hood, Texas, when his tour is over, as part of the program HAAP (home base/advance assignment program). But if during the Soldier's tour, overriding Army mission requirements determine that the Soldier is needed elsewhere, then his HAAP can be renegotiated. Enlisted personnel assignment managers work with the Soldier, but may, based on the requirements of the Army, assign the Soldier to a new location.

"We're not getting rid of the program, but people think that if we give them an advance assignment, they are guaranteed that assignment," Bromberg said. "What we're saying is that we will try to meet requirements, but we may change, based on the needs of the Army."

Every single Soldier is needed somewhere in the Army, whether it's as an instructor, drill sergeant, recruiter or in a rifle platoon in a deploying unit, Bromberg said.

Every skill is important, he added.

In the future, HRC also plans to expand its Web

initiatives and get away from using Department of the Army form 4187, Personnel Action Request.

"We still get 4187s up here, signed by the company commander, and after it goes through everybody in the chain of command, it gets here with seven pieces of paper attached to it. We want to eliminate all of that," Bromberg said.

The vision is to have a Soldier volunteer for an assignment electronically. If requests can go up and back down all electronically, the process can be cut from 90 days to 14 days, Bromberg said. The technology is there, he added, and it can be done.

Dining Schedule

Weekday Dining Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040)
3rd ACR CAV House (building 2461)
Mountaineer Inn (building 1369)
10th SFG (A) (building 7481)
3rd BCT Strikers Cafe (building 2061)

Weekday Meal Hours

Breakfast 5:30 to 9 a.m. (All facilities)
5:30 to 8:30 a.m. (Cheyenne Mtn. Inn)
Lunch 11:30 a.m. to 1 p.m.
Dinner 4:30 to 6:30 p.m.

Mar. 12 to Mar. 20

Exceptions

- Patton House is closed until further notice.
- Strikers and 43rd ASG are open Saturdays and Sundays.



Saturday, Sunday and Training Holiday Dining Facilities

3rd ACR CAV House. (building 2461)
43rd ASG (building 1040)
Mountaineer Inn (building 1369)
3rd BCT Strikers Cafe (building 2061)

Saturday, Sunday and Training Holiday Meal Hours

Breakfast 7:30 to 9:30 a.m.
Lunch 11:30 a.m. to 1 p.m.
Dinner 4:30 to 6:30 p.m. 3 to 5 p.m. (Cheyenne Mtn. Inn)

Insect

From Page 4

any other type of sore that you may have with a bacterial infection, but they just don't get better," Weina said. "We treated with antibiotics first. Then if the antibiotics failed, we considered leishmaniasis."

So far, more than 500 cases of leishmaniasis have been diagnosed. Magill said he hedges when he's asked how many total cases to expect.

"The simple answer is: I don't know. But if you extrapolate, you're probably looking at the 750 to 1,250 range. It could be higher."

Because the disease is difficult to diagnose without a lab and experts equipped to look for it, all leish smears are currently sent to the Walter Reed Army Institute of Research for confirmation. The institute, in fact, has the only leishmaniasis lab in the country that is accredited by the College of American Pathologist and is operated in accor-

dance with the Clinical Laboratory Improvement Act.

The ability to deliver a diagnosis lets the lab cross the boundary that typically exists between research and health care, Magill said. "Though the (institute's leishmaniasis) research program was eliminated (in 1996), the lab was maintained for just the scenario being played out today," he said.

Many of the leish researchers, like Weina and Magill, are also caregivers at the only U.S. military hospital where the treatment for leish can be offered, the Walter Reed Army Medical Center. Because the drug of choice used to treat the most severe cases was never submitted to the Food and Drug Administration for its approval, the drug must be offered as an investigational new drug, which means following strict research protocols and keeping meticulous records when the drug is given. The drug, sodium stibogluconate (Pentostam), is hardly "new," as it's been used for over 50 years to successfully treat leish.

Treatment typically consists of an outpatient regimen of receiving the drug intravenously daily for 20 days, though the type of leish acquired in Iraq, leishmaniasis major, responds in 10 days.

The volume of patients who need treatment has challenged both the institute and the hospital named after Walter Reed, Weina said.

To put the current leish outbreak into perspective, Magill said that for Operations Desert Shield and Storm, the official number of leishmaniasis cases was 32.

Weina and Magill are traveling to posts with large numbers of returning troops — like Fort Campbell, Ky.; Fort Hood, Texas; and Fort Carson, Colo. — to let the troops and the medical professionals there know what to look for.

The leish experts are also looking at other treatment options for patients, including freezing the lesions or using a device that uses heat to kill the parasite.

"There's a good biologic rationale for it (heat therapy) to work and some

data that we've seen that says it works, but we are reluctant to recommend a treatment when there's been no experience."

At the hospital, Magill has seen patients who have more than 30 lesions, patients with lesions up to 3 inches in diameter and patients with nodular lesions that look like tumors. The good news, he said, is the lesions do heal, even without any treatment. The bad news is healing can take up to a year without effective treatment.

"In the natural history of these lesions, if you do nothing, even for the worst lesions, they will get better, he said. "But cosmetically this is very damaging. If you're walking around with some of these big lesions on your face, psychologically there's a big impact there."

Treating the lesions is important to the troops and their families, Weina said.

"Even though it's not contagious, it's still a stigmata that they'd rather not have."

Bears

From Page 1

Black bears recently emerged from hibernation in our area — many of them slept through the winter on Fort Carson. Berry patches, creek bottoms and oak thickets provide bears with their natural foods. Black bears are naturally attracted to the wild foods in these diverse habitats. When food produced in these native habitats fail, bears move elsewhere in search of food. When natural foods are diminished, bears will travel down stream corridors using their most finely defined sense of smell to locate food. Sometimes they venture into the housing areas on the Installation. Dumpsters, a restaurant, garbage cans, and food bowls left out doors all provide inviting smells to a hungry bear.

Prevent bear encounters by following these simple rules:

- Do not feed wildlife. Once a hungry bear finds a source of food it will make frequent visits to the same spot. Bring bird feeders inside at night. If a bear doesn't find food it will move on.

- Feed your pets inside. Food left outside will not only attract bears but also skunks, raccoons, red fox, and coyotes.

- Dumpsters need to have lids that latch. Bears are both dexterous and strong and are capable of opening any lid that isn't secured.

- Keep a clean yard. Don't leave garbage cans out at night. Clean your barbeque grill and store it inside. Remove fruit rinds and other tasty leftovers from the backyard picnic table.

- Never feed a bear. You're just asking for trouble if you do. Not just for yourself, but for others, too. Two years ago, bears learned they could raid

dumpsters at the Turkey Creek Recreation Area and beg for food at the picnic tables where a few recreationists fed them by hand. Luckily no one was hurt, considering more than 10 bears were prowling the grounds each night. The only property loss resulted when a bear broke into a soft-top jeep to get at food on the front seat. A few nights later, a bear attempted to break into a camper — the terrified campers banged on the walls and honked the horn and the bear left. It took at least a month after the dumpsters were secured with locking lids and the handouts at the tables ended to get the bears reoriented to their wild native ways.

What to do if you meet a bear:

- Never run from bears or any other animal. Predators instinctively chase fleeing

prey. By running you invite an animal to chase you. If you want to stay on top of the food chain, just remember this fact: you can't outrun a bear. If you have a close encounter with a bear, don't make eye contact and back away slowly in a calm and relaxed manner. Talk to the bear so it can identify what you are. If you encounter a bear that hasn't seen or smelled you, leave the area immediately.

- Bears are afraid of you. Force yourself to remain calm if you see a bear. Survey the area to see if there are bear cubs nearby. Do not allow yourself

to get between a bear sow and her cubs. Avoid being anywhere near a bear cub — doing so is guaranteed trouble if the sow determines you are a threat. Bears will instinctively protect cubs from harm, often by fleeing up a tree.

- Do not climb a tree. Bears are very agile and strong, and they are expert tree climbers. Bears often climb trees when alarmed. You don't want to

be in a tree with an alarmed bear. Stay on the ground and back away slowly while talking to the bear.

- Fight back if attacked. Use whatever you can get your hands on — rocks, sticks, and even your bare hands. Bears don't always win these encounters.

- Report bear sighting to the wildlife office. On Fort Carson we are lucky to have urban wildlife. By

being conscientious about food storage and remembering how to act during wildlife encounters, you will keep your family and property safe while enabling wild animals to exist in their native habitats.

For more information about Fort Carson's wildlife contact the DECAM Wildlife Office at 579-9088. DECAM biologists are available to teach classes at your school or at the Wildlife Office. For more information on these classes, call Michael Dunning at 579-9094.

Wildlife tips

- Do not feed wildlife
- Feed your pets inside
- Dumpsters need to have lids that latch
- Never feed a bear
- Keep a clean yard
- Never run from bears or any other animals
- Bears are afraid of you
- Do not climb a tree
- Fight back if attacked
- Report bear sighting to the wildlife office

AFAP addresses reunification issues

by Nancy A. Montville

Fort Carson Army Family Action Plan Program Manager

Army Family Action Plan held a conference in November and one of the issues discussed was counseling for returning Soldiers.

At the present time, insufficient counseling is allow Soldiers returning from a combat zone to be left alone to cope with their emotions. It is a problem because of the increased depression and troubled mental states that can lead to a potential catastrophic event for the Soldier, family members and Army units. Insufficient counseling leads to a loss of productivity by the Soldiers. The long-range effect could become a retention problem for the Army.

The workgroup recommendations included:

1. Mandate small groups (10 or less) participation in counseling at the Demobilized Soldier Readiness Processing for all Soldiers.
2. Require and provide additional leadership training to enable the leaders to be able to recognize and identify potential unusual behaviors exhibited by returning Soldiers.

Community leaders working together to provide combat counseling for returning Soldiers provided the following responses:

Response: Provided by Col. Brian Lein, Evans Army Community Hospital commander

1. This should be done at the DSRP site and at the unit level. There are not enough resources to support small group counseling sessions. (With more than 10,000 redeploying Soldiers, we would need 1,200 counselors to meet the timelines recommended.) This should be a joint project with the unit chap-

lains, commanders and mental health care providers. This is for the well-being of the Soldiers, not a pure mental health responsibility.

2. Recommend joint training of commanders, first sergeants, chaplains, and mental health resources.

Response: Provided by Chaplain Scottie Lloyd, deputy commanding chaplain

Currently each deployed unit has a Unit Ministry Team (chaplain and chaplain assistant) assigned to them in theater providing counseling on demand, conducting combat stress classes, suicide prevention briefs, reunion briefs and other assistance dealing with Soldiers' emotions. There are two chaplains and one assistant attached to each deployed unit's rear detachment providing the same services for Soldiers and for family members. Routine reminders of these services to family members are made especially through the Family Readiness Group.

There are plans by the UMTs to conduct Building Stronger Ready Families briefings for returning soldiers. This is a Department of the Army supported effort to develop basic marriage skills for soldiers and their spouses with five years of marriage or less. This curriculum includes dealing with emotions of all kinds. Although the 4th Infantry Division commander has not finally signed off on this, his intent is clear; there will be an additional effort to work with Soldiers and their families during the reintegration phase upon return to home stations.

The Command Chaplain's Office has requested six additional chaplains and three chaplain's assistants from the Reserves to help with identifying people with problems and counseling them.

Additionally, the CCO has requested the extension of three Individual Mobilization Augmentees chaplains currently on duty at Fort Carson for another year to assist, assuming the organic UMTs in-theater will not be able to be at peak performance having to deal with some of their own emotional baggage from deployment. Lastly, both Garrison Support Unit UMTs and the 307th Quartermaster Battalion UMT have been extended on duty at Fort Carson for six months beyond their original completion dates. This is important because their extension will occur through the initial surge period for service to soldiers upon return from deployment.

This AFAP issue does not clarify if we are speaking of Active Component or Reserve Component Soldiers and families requiring mandated small group counseling. The RC units are mandated to get through the Soldier Readiness Processing site in five days then depart for home station. Given DA requirements for all Soldiers at the SRP, chaplains are given, at best, one hour to do reunion briefs. Chaplains conducting these classes try to use a small group "break-out" method using smaller groups as a part of the routine slide presentation. This is limited due to space and time factors especially during surge periods when hundreds of RC soldiers must get through on time. The 96th Reserve Support Command has provided an extensive schedule with several locations within the multi-state region for families to attend the Preparation and Evaluation Readiness Period training.

One of the reasons for this five-day rule is to help the unit flow smoothly and not back up Soldiers at Fort Carson causing the constipated conditions that

Greenback

Take control of your credit card debt

by 1st Lt. Theodore Stutz
4th Finance Battalion

Credit card debt is a difficult situation in which too many Americans have found themselves. If you are not comfortable with the amount of debt you have, I offer the following advice to you.

You have three options and one responsibility. Your responsibility is to pay off your credit card. I strongly urge you to not plan on dying with this debt; the money will be taken from what you planned on leaving your family, and throughout your life you will pay an astronomical amount of interest.

Your options are to pay back the credit card company directly, consolidate the debt into a loan or to go through a credit counselor program. Declaring bankruptcy is an option, but not one I would advise.

Credit counseling services

There is no magic way to get out of this debt. If you do use a credit counselor who claims to negotiate with your creditors to lower your payments, be warned that your creditor may see this as failing to meet the terms of your line of credit. This will most likely be reported to the credit bureau, reduce your credit rating, and make you ineligible for lower interest rates on loans in the future.

Debt consolidation loans

Taking a consolidation loan will lower your

monthly minimum payments. However the reason that they do this is not magic and is not because you have to pay back less money. The reason is that they take the total amount that you owe all of your creditors, give you a loan for this amount and extend the loan out to as many years as needed to bring the monthly payment down. More years of interest will accumulate, and you may end up paying more money, not to mention the fees that the lender will charge one way or another. There is no such thing as free money.

When considering consolidation you must make sure that the interest rate on the consolidation loan is a lower percent than you are paying on your credit card. Before consolidating, it can't hurt to call your credit card company and tell them that you are planning to consolidate unless they can bring the interest rate down. They want to keep your balance and get your interest.

Home equity consolidation loans

If you plan on taking out a second mortgage or a home equity loan to pay off credit cards, you are essentially swapping unsecured debt for secured debt. This will bring your interest rate down; however, the danger is that you could lose your home if you default on a secured loan. Whereas you only risk a loss of credit and a bad credit rating if you fall behind on credit card bills.

Soldiers and Sailors Relief Act

If you are on active duty or a family member of an active duty servicemember, your credit card balance interest rates are limited to 6 percent by the Soldier and Sailors Relief Act. Simply call your credit card's customer service and let them know that you wish to exercise this right. They will have you fax them your orders and credit card number, and the 6 percent APR will be in effect for any balances that are on the card at the time of your request, for as long as you remain on active duty. It will be nearly impossible to get a consolidation loan with rates lower than 6 percent, even if you use your home equity.

If you plan on consolidating or even getting a credit counselor to negotiate your terms, you must keep paying at least your minimum payment on all credit cards until the credit card company gets the pay-off check. It may take these companies longer than a month to consolidate/negotiate, and you do not want another scar on your credit for being late during this time.

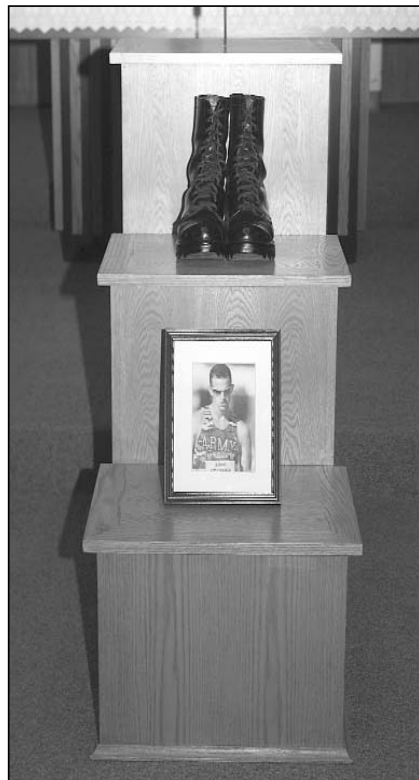
The Federal Trade Commission advises consumers to stay away from companies that guarantee they'll provide loans if you pay an advance fee or conveniently forget to mention that you're putting up your home as collateral. Read before you sign.



Photo by Pfc. Stephen Kretsinger

Saying goodbye ...

Retired 1st Sgt. Ernie Mazurkiewicz plays Taps at a memorial service for Spc. Albert J. Heppner, racewalker, World Class Athlete Program. Heppner first tried racewalking as part of a \$1 bet in high school. He was a seven-time all-American and collegiate national champion. Heppner participated in the 1996 20-kilometer Olympic trials, finished 11th and was invited to the Olympic Training Center in Chula Vista, Calif. He joined the Army in the summer of 2000 as a laundry and bath specialist. He was assigned to the WCAP Dec. 5, 2000. He trained in Chula Vista in preparation for the 2004 Olympics in Athens, Ga.



10th CSH

From Page 5

you'll see in a regular hospital," said Col. John Powell, commander of the 10th CSH.

Though the soft walls and plastic floors might not make the complex immediately recognizable as a hospital, one of its rooms is precise in its verisimilitude to a hospital operating room. Unlike the rest of the structure, the room has hard walls, a hard floor and a hard ceiling. The room collapses into a box that can fit on the back of a flatbed trailer and is the same unit that is used in a number of civilian hospitals across the country, said Capt. Gil Clapper, who works in the operating room.

After setting up the hospital structure, the 10th CSH took to role playing through scenarios they might expect to encounter during the second tour in support of Operation Iraqi Freedom beginning early in 2005. Victims of roadside bomb attacks were wheeled into the hospital on all-terrain gurneys, stabilized and examined with an emergency room's practiced choreography. Before being sent to intensive care or the operating room, the victims' injuries were X-rayed and dressed.

"We have most level-one trauma center capabilities," said Staff Sgt. David Lee, who works in the hospital's intensive care unit. The only thing they're missing, he said, is an on-call pediatric neurosurgeon.

In fact, treating trauma cases is the hospital's primary focus. Their job, said Lee, is basically to stabilize critical patients for safe transport to a fixed hospital in either Europe or the United States. If a patient can get to the hospital within an hour of being injured, he said, their chances of survival are excellent. Patients with minor flesh wounds are kept at the field hospital to recuperate before returning to the field.



Photo by Cpl. Matt Millham

During a mock exercise Tuesday, Spc. Nathaniel Brenner checks the vitals of Spc. Mitchell Newton who sustained head and abdominal injuries in an improvised explosive device attack.

The effectiveness of the Army's field hospitals and medical teams is twice what it was during World War II, Korea and Vietnam, when one of every four soldiers seriously injured died, said Lee. Now, with better facilities and major improvements in evacuating casualties decreasing the time between injury and treatment, the chance of survival from a serious injury

is roughly 88 percent.

The 10th CSH, the bulk of which returned from a tour in Iraq about seven months ago, has about five months to train at Fort Carson before heading to the Joint Readiness Training Center at Fort Polk, La. on its way back to the desert to see if it can increase that percentage.

AFAP

From Page 9

occurred during deployment ramp up. Delays in that flow pattern produced crowded conditions in the community and its own set of additional problems, emotionally and otherwise.

The CCO has contacted the RSC chaplains about providing assistance and reminding them of this critical follow on help Soldiers will require. There are special training and programs being put on line for reservists and their families when they return to home stations. The AC provides the same additional services as commander's resource their UMTs to do so with time and money.

The post-wide UMT training recently included classes on Post Traumatic Stress Disorder to help with identifying emotional problems.

Fort Carson UMTs are scheduled to join with our Air Force counterparts in "Crisis Pastoral Intervention" classes taught by a nationally certified instructor in February in preparation for our

main body deployment returnees. Critical Incident Stress Management classes and Suicide Prevention classes are being scheduled in conjunction with the Air Force for our UMTs maximizing preparation for reintegration.

Finally, the CCO has an intentional plan that includes all of the above efforts and more specifically is focused on returning UMTs, their Soldiers, families and ultimately all of the Fort Carson community. This plan is being coordinated with all the other helping agencies: Army Community Services, the hospital, etc., to again increase unusual behavior.

Response: Provided by Henrietta Brown, Lt. Col./AN, acting chief, Department of Behavioral Health.

1. Evans Army Community Hospital Behavioral Health Care line has two specific programs in place to assist OIF Soldiers returning from deployment. Upon arrival at the Soldiers Readiness Processing site, a physician's assistant will review the DD22796 Post Health Assessment Form and will assess the Soldiers for

mental health issues. If the Soldier has identified concerns related to mental health, he will be automatically referred to the behavioral health specialist at the SRP site for further assessment.

Soldiers who identify family concerns, issues related to family violence, medically unexplained symptoms related to deployment, etc. will be referred to the deployment cycle social worker at the SRP site.

2. Both the behavioral health specialist and the deployment cycle social worker will complete an assessment of the Soldier and make referrals to the appropriate behavioral health care provider or other service as indicated. The deployment cycle social worker will brief groups of Soldiers processing through the SRP site on tips for reunion, dealing with changes and expectations, sleep concerns, combat stress, etc. and provide them with resource information about available services to assist them after they return home. All Soldiers processing through the SRP site will receive this briefing.

3. Soldiers identified as needing intense therapy may be referred to any Post Traumatic Stress Disorder groups available in the Behavioral Health Care line. Other services available to Soldiers may include individual therapy, parent-child therapy and couples therapy as well as anger management groups.

4. Reunion briefings are available to leadership that address potential behaviors of Soldiers that are returning to Fort Carson. These briefings are in the process of being scheduled at present. The chaplains provide reunion briefs for the soldiers and ACS provide reunion groups for the spouses.

5. A behavioral health specialist from behavioral health care line is also scheduled to brief on normalization of experiences. This is part of a number of briefings scheduled thru personnel at McMahon Theater for all returning brigades, regiments, and battalions.

For more information about the AFAP conference, contact Nancy A. Montville at 526-4590 or at Nancy.Montville@carson.army.mil.

Greenback

From Page 8

Refinancing your home?

Homeowners who paid less than 10 percent of the cost of the house in a down payment, even three years ago (like most of us) have not increased their equity or ownership percentage very much. So if they plan to sell in the near future, even if they have made major improvements in the home, most of what they get will go back to pay off the loan. Therefore, if you want to make a profit on the house, which is a good idea now that tax rules have changed on this income,

you really want to minimize how much you have to pay back on the original loan. When you refinance, you will pay an extra amount called closing costs, which primarily go to the refinance company. This amount may be paid upfront or rolled into the price of the house. If it's rolled in, this adds to the amount of the loan, and therefore takes away from how much you get when you sell. Lenders spread this amount over the 30-year loan so it looks like a small amount, but be careful not to let them mislead you about its existence. If this cost did not exist, they could not stay in business.

The way to determine if you will win or lose here is to do a break-even analysis. Take the total amount

of your closing costs (any cost associated with the refinance whether it is rolled in or not, lenders are required by law to give this to you) and divide it by the amount that you will be decreasing your monthly payment by. The number that you will get is the number of monthly payments that you will have to pay at the new lower amount in order to recoup all of your costs.

Example old monthly payment = \$1,000, new payment after refinance \$900; savings equal \$100. Total closing costs = \$3000

\$3,000 divided by \$100 = 30. You have to make 30 more payments at the lower rate before you really save any money.

Community



A construction worker paints a gazebo at the barracks being built off of Nelson Boulevard. This is one of three gazebos being built.

New barracks house returning Soldiers

Story and photos by
Spc. Aimee J. Felix
Mountaineer staff

Returning home has more than the obvious thrills for many single Soldiers. Not only do they get to return home, but they get to return home to new barracks.

"It was awesome and a great thing to come home to," said Spc. Allen Vincent, a 3rd Brigade Combat Team Soldier who arrived from Iraq two days ago after an 11-month deployment. Building 1554 off of Nelson

Boulevard is finished and housing many of the 3rd Brigade Combat Team Soldiers, who've recently returned home from Iraq. Building 1554 is one of two being built under the Army's new "one plus one" barracks room standard.

This new standard provides Soldiers who rank E4 and below with their own room and a common area they will share with only one other Soldier. Soldiers who are E5 and

See New barracks, Page 23



Spc. James Tinkler, 1st Battalion, 12th Infantry Regiment, gets ready to prepare breakfast in his kitchenette. The rooms are also equipped with a sink, refrigerator, microwave, cabinets and counter space.



John David, a contracted mason, lays glass blocks as part of the outside wall of a barracks room. These blocks will be on all the outside walls to provide good lighting with privacy.

Carson women hold World Day of Prayer

by Pfc. Stephen Kretsinger
Mountaineer staff

The weather prevented many from coming but the Christian women of the Mountain Post pressed on with a yearly event that means a lot to them.

Members of the Military Council of Catholic Women, the Protestant Women of the Chapel and others attended the annual World Day of Prayer Friday at Soldiers' Memorial Chapel. Many were unable to attend because of the snow, but the attendees were not deterred.

"We are going to continue on, because we love to pray," said Libby Bozeman, president, PWC.

The World Day of Prayer is a worldwide movement of Christian women of many traditions who come together to observe a common day of prayer each year, and who, in many countries, have a continuing relationship in prayer and service, according to the World Day of Prayer Web site.

The origins of World Day of Prayer date back to the 19th century when Christian women of the United States and Canada initiated a variety of cooperative activities in support of women's involvement in mission at home and in other parts of the world, according to the World Day of Prayer Web site.

"The World Day of Prayer used to be called the Women's Day of Prayer," said Elenor Gentilini, vice president, MCCW.

The World Day of Prayer is held every year on the first Friday of March. It happens all over the world and the programs are written in all different languages. It's also ecumenical, meaning it is open to all Christian faiths.

"In the United States, the World Day of Prayer is

sponsored by Church Women United," said Gentilini. "Worldwide, there is a World Day of Prayer organization that sponsors it."

Church Women United is a racially, culturally, theologically inclusive Christian women's movement, celebrating unity in diversity and working for a world of peace and justice, according to the CWU Web site.

Founded in 1941, Church Women United is a movement representing 25 million Protestant, Roman Catholic, Orthodox and other Christian women. It is organized into more than 1,200 local and state units working for peace and justice in the United States and Puerto Rico, according to the CWU Web site.

"Every year the World Day of Prayer is sponsored by a particular country and this year it's sponsored by Panama," said Gentilini. "Women of Panama had a committee and several years back they planned the entire program. It goes into the culture and the needs of the women in that country and their situation."

This year many Panamanian women were in attendance, many wearing authentic Panamanian clothing and preparing authentic Panamanian food. Several tables were set up displaying a plethora of trinkets, flags and other Panamanian items.

The purpose of the World Day of Prayer is mostly to pray for peace, but also to recognize the conditions of women in other countries where they are not as free as the women of this country, said Gentilini.

Through the World Day of Prayer, women are encouraged to become aware of the whole world and no longer live in isolation, to be enriched by the faith experience of Christians of other countries and cul-



Photo by Pfc. Stephen Kretsinger

Analida Miranda O'Neil, program associate, Family Child Care and Panama native, prepares authentic Panamanian food while wearing traditional Panamanian clothing at Soldiers' Memorial Chapel during the World Day Of Prayer.

tures, to take up the burdens of other people and pray with and for them, and to become aware of their talents and use them in the service of society, according to the World Day of Prayer Web site.

Community Events

Miscellaneous

Teen Night — There will be a Teen Night Karaoke Contest today at the Fort Carson Main Exchange, building 6110, from 7 to 9 p.m. Prizes will be awarded for various categories, and there will be special sales in the main store.

Contact Monika Shaffer, food court manager, at 576-5661 or shafferm@aafes.com, for more information.

Welfare requests — The Fort Carson Officers' Spouses' Club is now accepting welfare request applications for the spring of 2004. Each year the FCOSC distributes funds obtained from the welfare projects of the club. These profits are distributed through the community in the form of secondary education scholarships and community welfare requests. To request a welfare request application, contact Barbara McConaughay, FCOSC Welfare Chairperson, at 310-7693 or e-mail at fcarson_officersspousesclub@yahoo.com. All applications must be submitted and postmarked by Sunday for distribution of funds by mid-April 2004.

College information — The Mountain Post Training and Education Center will host a college information meeting, Thursday from 6 to 7:30 p.m. at building 1117, room 126. The information meeting topic is the Master of Business Administration program at the University of Colorado at Colorado Springs. For more information, call Dana Rocha 262-4662.

Bunny suits — The Fort Carson Officer's Wives Club has two bunny suits available for rent to make a holiday party even more special. The rental fee is \$20, which is split into two payments. They are on a first-come, first-served basis.

One is a complete hood with face and the second is just the hood. To reserve one, contact Karen Lloyd at 559-7274 or kjilloyd53@hotmail.com.

Better Breathers — Better Breathers is an educational and support group for active duty and retired servicemembers, and family members to learn about their lung condition and how to live with it. The group meets on the second Thursday of every month at the Evans Army Community Hospital. This is a self-referral program and no appointment is needed; just let us know you are interested. We will add your name to our call roster and will call you to remind you of the meeting three to five days before each meeting. Family members are encouraged to attend with the patient.

Topics have included diet, workload reduction, anatomy and physiology, living with a chronic illness and disease management. Some of the upcoming topics include traveling with oxygen, oxygen delivery systems, hospice and palliative care, homecare, herbal and common remedies/medications and living wills.

Topics are member requested as well as timely med-

ical information. Individual assistance is also available on request. If you have any questions, please call Sue Prieve, at 524-4043.

40 Days of Purpose Campaign — The Protestant Service at Soldiers' Memorial Chapel will host a spiritual campaign April 24 to June 6. Chap. (Maj.) Scott Kennedy, the senior pastor, is the campaign director. Have you ever asked yourself, "What on Earth am I here for?" During the 40 Days of Purpose Campaign, chaplains will attempt to answer that universal question by exploring these five central purposes: worship, discipleship, ministry, fellowship and evangelism.

Come join the excitement Sundays at 11 a.m. at Soldiers' Memorial Chapel. For more information, call Kennedy at 526-8011.

Tax season — The Fort Carson Tax Center is now open. It is located in building 6264, on Woodfill Road, across from the Colorado Inn and the Elkhorn Conference Center. Free tax services are available for active duty servicemembers and their family members; mobilized reservists and their family members; service-members receiving either retirement or disability pay and their family members; and surviving family members of active-duty, mobilized reservists and retired servicemembers.

The Fort Carson Tax Center will electronically file your return and have federal and state tax forms available. In order for your tax return to be completed, you will need to bring all W-2s, Social Security cards for yourself and all family members, a power of attorney, if filing for your spouse, and all relevant financial information.

Pharmacy Hours Change

Effective May 7, the Evans Army Community Hospital Outpatient Pharmacy located in building 7500 will close at 5 p.m. on Fridays.

Leave Donation Request

Ronald Casados, a Department of Defense civilian who works at Fort Carson, is ill and on sick leave. He is out of leave and would greatly appreciate a donation of leave from anyone moved to do so. For more information, contact Tilicia Rose at 526-1841.

Bowling for Children

The Big Brothers and Big Sisters Pikes Peak is holding its 22nd Annual Bowl for Kids Sake Event May 1 at the Peak Bowling Center. This is an opportunity to have fun with friends, while supporting a very worthwhile and highly respected organization. Bowlers will be organized into teams of four, and each bowler is expected to collect a minimum of \$75 in pledges. Each bowler will receive a free t-shirt, Old Chicago Pizza and a soft drink. The bowler who collects the most money will win a round-trip ticket for two to anywhere in the continental United States. For more information, contact 633-2443 ext. 201.

Claims against the estate

Claims against the estate — With deepest regrets to the family of Sgt. Christopher Golby, deceased.



**Army Community Service
Family Readiness Center**
719-526-4590

Adult English Class. Beginner & Intermediate Level

ENGLISH AS A SECOND LANGUAGE

Monday-Thursday

Level determines the day you will attend.

9-Noon

FAMILY READINESS CENTER, BLDG. 1526

(NEXT TO THE COMMISSARY)

Registration and testing required before initial class attendance. Free childcare available—prior registration required. For details, contact the Relocation Readiness Program at (719) 526-4590.



Anyone having claims against or indebtedness to his estate should contact CW3 Tracey Forehand 232-4581.

Claims against the estate — With deepest regrets to the family of Pfc. Armando Soriano, deceased.

Anyone having claims against or indebtedness to his estate should contact CW3 Ver-Gina Smith-Kundinger at 526-9512 or 338-1420.

Claims against the estate — With deepest regrets to the family of CW2 Stephen Wells, deceased. Anyone having claims against or indebtedness to his estate should contact 2nd Lt. Steven Templeton at (334) 714-5050.

Claims against the estate — With deepest regrets to the family of CW2 Matthew Laskowski, deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. Michael Stultz at 526-6514.

Local students join national honor society

by Pfc. Stephen Kretsinger
Mountaineer staff

Some local middle school children are joining the ranks of a prestigious organization that has been around for three-quarters of a century.

Fifteen seventh-graders and one eighth-grader from Carson Middle School joined the National Junior Honor Society in a candlelight induction ceremony held in the school cafeteria Feb. 23. The ceremony also marked the 75th anniversary of the organization.

To become a member of the NJHS, students must maintain a grade point average of 3.5 or higher and be recognized for their leadership skills by their teachers.

This year's inductees included: Wayne Havey, Kaila Hallam, Jho'leen Visaya, Paul Kim, Rochelle Patterson, Kimiko Montgomery, Anna Routh, Aren

Hebert, Timothy Kim, Kaila Washington, Marissa Blackman, Tykwa Goshay, Adriana Amagliani, Matthew Rodriguez, LaShaye Leopold and Devin Harris.

In honor of the 75th anniversary of the NJHS, Carson Middle School invited past honor society inductees to attend the ceremony and participate in an alumni reunion. Carson Middle School has held inductions for the past 11 years, holding its first in 1993 and has inducted upwards of 200 honorees.

Those alumni attending were Shannon Weber, Dovey and Devin French, Josue Birriel, Jennifer Kolve, Natasha Horton, Lori Hubbard, Maylene Visaya, Rhiannon Patterson and Catherine Ewing. "The 14 returning members displayed the qualities of scholarship, leadership, service, character and citizenship demonstrated by the newly inducted," said Rose Terrell, NJHS advisor.

In 1921, the National Association of Secondary School Principals officially established the National Honor Society "to create enthusiasm for scholarship, to stimulate a desire to render service, to promote leadership and to develop character in the students of secondary schools," according to the NHS Web site.

In 1929, the NASSP established the NJHS. With its own constitution and handbook, NJHS has established guidelines that reflect the purpose of the NHS with an added purpose to encourage citizenship, according to the NHS Web site.

NJHS is holding its annual spring fundraiser through today and encourages the community to support its efforts to save endangered species and rainforests throughout the world. Human-i-tees products include clothing, jewelry, and T-shirts. Contact Rose Terrell at 382-1610 for more information.

Burnin' down the house ...

Soldiers could be liable for negligence

by Maj. David Cluxton
Office of the Staff Judge Advocate

Do you rent the place where you live? If you live in Fort Carson family housing, the answer is "yes."

A recent *Mountaineer* article explained the dangers of unattended candles and other fire dangers in the home. There have been three Fort Carson house fires in recent months. The damage to the house in at least one of those fires totaled \$70,000. The average cost of building a house on Fort Carson is \$110,000. Did you know that as a tenant in Fort Carson family housing, you could be liable for the entire cost of repairing or rebuilding a house damaged by your negligence or the negligence of someone for whom you are legally responsible?

Unlike homeowners, renters, including renters on Fort Carson, are usually not required to purchase personal property or personal liability insurance. As a result, many do not. This is a mistake that can prove to be extremely costly.

You may be thinking, "What, me worry? I never light candles in my Fort Carson rental." Do you cook? Do you smoke? Do you use extension cords or power strips? There are many ways to start a house fire. And, of course, fires are not all that can damage houses. With the cold weather, water pipes can freeze. If you fail to maintain adequate heat in your Fort Carson rental, you will be liable to pay the cost of repairing the damage to the pipes and to the rest of the house.

If you received renter's insurance from Fort Carson Family Housing when you moved on post, you're not totally covered. The Fort Carson Family Housing insurance policy covers only personal property, not personal liability for damages caused to the housing unit. So, if your negligence causes your Fort Carson rental to burn to the ground, you'll likely get the \$5,000, assuming you had personal property in your house at the time of the fire. However, leaving aside the fact that \$5,000 is not likely to cover replacing all your furniture and clothing, you've also got the small matter of possibly paying for the destruction of the house. Remember, as a tenant, under the lease you signed, you are responsible for damages you cause.

When the Army owned the housing on Fort Carson, damage to government quarters was reimbursed through a report of survey, a process familiar to Soldiers. Liability under a report of survey was generally limited to a maximum of one month's base pay.

All family housing on Fort Carson is now privately owned. This is not your father's on-post housing. Reports of survey are no longer relevant; lawsuits are. Just like any other landlord, Fort Carson Family

Housing pursues tenants for the damage they cause to their on-post rentals. This could mean being served with a letter or a lawsuit demanding immediate payment of the entire cost of repairing or rebuilding the housing unit.

Personal liability insurance will protect you, and the members of your family, from yourself. If you have \$50,000 of personal liability insurance, you, your family or your guests damage your Fort Carson rental, that policy will pay up to \$50,000 to repair or rebuild the house. If repairing or rebuilding the house costs more than \$50,000, you will be personally responsible for the amount above \$50,000.

Here are some tips on finding personal liability insurance. Shop around for insurance companies. Start with your auto or life insurance company because some companies offer package discounts to clients with more than one plan. Also remember that some companies will require you to buy both property and liability insurance from them, so if you already have property insurance through a company, you should start with them. Ask about discounts for security systems, smoke detectors or deadbolt locks.

The Internet can be a good research tool. There are many sites that can help assemble a list of insurance companies that sell policies in Colorado. The Colorado State Division of Insurance at www.dora.state.co.us/insurance can help if you need to check whether a company is licensed to sell insurance in Colorado, or if you have a complaint about a particular insurance company.

Some sites can compare quotes from different companies. Most insurance companies have their own Web sites. If you have a favorite company, go to that company's site and check out its information on renters' insurance.

To figure out how much insurance you need, do

some research — talk to insurance companies, check the Web, go to the library. Most insurance companies will provide a free estimate of what a new policy would cost. You have to balance how much you can pay for insurance against how much risk you want to assume. Remember, though, that financial problems can have an adverse effect on your career, not to mention on your life.

Do not grab the lowest level of coverage. As you can see from the recent Fort Carson candle fires, you run the risk of becoming liable for some large amounts. Frequently, the additional premiums for going from something like \$20,000 coverage to \$300,000 may be very small. Remember, how well insurance protects you depends on how much coverage you buy. A coverage limit of \$20,000 may pay for some fire damage to your Fort Carson rental, but what happens if the place burns to the ground because you overloaded an electrical socket with that nifty home theater system of yours? Now you are liable for over \$100,000 to rebuild the house. Your \$20,000 personal liability insurance policy will pay just that — \$20,000. The other \$80,000+ is your personal responsibility. Depending on your personal circumstances, you should be able to pur-

chase an adequate personal liability insurance policy for about \$100 per year. That is less than \$10 per month.

People complain about having paid for insurance, saying that the money was for nothing because they never filed a claim. The fact is, the money you pay for insurance is largely for protection and peace of mind. You get protection and peace of mind by having the right amount of insurance, whether you ever actually have to use it or not.

If you have any questions or concerns, call the Fort Carson Legal Assistance Office at 526-5572/5573. Office hours are Monday through Thursday 9 a.m. to 4 p.m.

Personal liability

- If you live on post on Fort Carson, you live in a rental property, just like you would if you rented a house or an apartment off post. You are a tenant and you have a landlord, called Fort Carson Family Housing.

- The lease you signed makes you responsible for damage to the house caused by you, your family and your guests. If your negligence, or the negligence of your family, pets or guests, causes damage to your Fort Carson rental, you are liable for paying the entire cost of repairing or rebuilding your quarters.

- The average cost of building a housing unit on Fort Carson is \$110,000. So if you, your family or your guests cause the complete destruction of your unit, you could be legally liable for more than \$100,000.

- Personal liability insurance can protect you. If you damage your Fort Carson rental, this insurance pays for that damage, as well as the cost of any lawsuit filed against you, up to the limits of your policy.

- The \$5,000 insurance policy you received from Fort Carson Family Housing is not personal liability insurance. It is personal property insurance that applies to your personal belongings.

- Many insurance companies sell personal liability insurance. Check first with any insurance companies with which you currently do business. Some companies offer discounts to multiple policyholders.

Local community

Carson honors its good neighbors

by **Spc. Jon Wiley**
Mountaineer staff

Fort Carson acknowledged outstanding members of the local community who contribute to the quality of life of Soldiers here with a Good Neighbor Luncheon and awards ceremony at the Elkhorn Conference Center March 4.

Many of Fort Carson's leading civilian supporters attended and witnessed Maj. Gen. Robert Wilson, 7th Infantry Division and Fort Carson commanding general, present the Good Neighbor award to Russell Wolfe for 2002 and to Tsai Friedberg for 2003.

Friedberg, owner of the All in One dry cleaning and sew shop, won the award for her financial support of Fort Carson activities, her initiative in setting up programs that benefit Soldiers and for disseminating information about Soldiers' needs to sergeant majors and other key players in the chain of command.

Col. Sharon Duffy, commander of the 43rd Area Support Group, said Friedberg's generosity when it comes to Soldiers knows no bounds.

"She donates thousands of dollars in goods and services every year," Duffy said.

She said last year Friedberg organized care package distribution to deployed Soldiers, sewed on patches for free and set up a free transportation service for Soldiers training here.

"Every day, I am reminded of the sacrifices Soldiers make for our country, a country that has been very good to my family and me. I'm thankful in a small way I can help them," Friedberg said.

Wolfe, the owner of the Flying W Ranch since 1953, also expressed his gratitude for the opportunity to thank Fort Carson Soldiers for the jobs they do and to be part of the Mountain Post Team.

"When I think of the military, being an old Navy man, I put up with Fort Carson because I have to," Wolfe quipped before adding on a more serious note, "Right now they're fighting a war, one that's going to be tough, and we pray for them, we thank them and we're going to do everything we can for them."

Since moving here in 1948 after a stint in the Navy during World War II, Wolfe has been involved with several community organizations and has used his influence to improve the quality of life for Fort Carson Soldiers and their



Photo by Spc. Jon Wiley

Maj. Gen. Robert Wilson, 7th Infantry Division and Fort Carson commanding general, presents the Good Neighbor award for 2002 to Russell Wolfe at a luncheon and awards ceremony at the Elkhorn Conference Center March 4. Wolfe has contributed to the quality of life for Fort Carson Soldiers and their families for more than 40 years.

families.

Pictures of both Wolfe and Friedberg will be permanently displayed in a glass case in the lobby of the post headquarters' building in

recognition of their status as good neighbors alongside past recipients of the award.

The Fort Carson Good Neighbor program was established in 1978.

Chaplain's Corner

Striving for sainthood

Chap. (Lt. Col.) Greg Borden
U.S. Army Garrison

St. Patrick and Other Saints- by Most of you probably wear green on St. Patrick's Day so you won't get pinched on that special day. We in the Army wear green almost every day, so that is not such a big deal. I don't know the story behind the pinching, but have often wondered about what it means to be a saint. On the internet there is an address named "Patron Saints Index." There are 4816 saints listed in that index. But I'm curious. What are the characteristics of a saint?

Webster's definition of a saint is: "an outstandingly devout and virtuous person; one of the blessed of heaven." When I think about that definition, I believe that I have seen many saints walk through my door at the SRP site as they either prepared for service to Southwest Asia or returned from that war-riddled area.

This month we celebrate St. Patrick's Day. It was traditionally an Irish celebration, but we Americans picked up on the holiday idea and have grasped this day as our own. Why are the lives of saints impor-

tant to us? Why do we look up to their ideals and often think that we don't measure up to their standards?

There is a great Bible verse in Paul's letter to the Galatians that says, "Let us not grow weary in doing good, for at the proper time we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers." I think that is another good definition of a saint.

Most saints that I know are people that cared for others and did good. That's what my goal on this side of heaven is. There are a lot of action heroes out there, but unlike Zorro, the masked-man of the west or the Lone Ranger and his side-kick Tonto, most real heroes of today are not mythical or bigger than life, but living, caring, helpful folks who want to serve others.

This is the middle of the Lenten season and there is ONE that demonstrated completely the idea of what a saint is. It cost him his life, but he was willing to do it for others. That's my goal too. How about you?

Striving for sainthood.

Chapel

Protestant (Postwide events only)

Please see the Catholic schedule for the combined Protestant-Catholic events on Wednesdays and Fridays.

Maunder Thursday (Holy Thursday), April 8 — will be at Soldier's Memorial Chapel. There will be a Jewish-Christian Seder Meal and Service. Time to be announced.

The Good Friday service for Protestants will be combined with the Catholic service as an ecumenical event. Please see the Catholic schedule.

Easter Sunrise service is an ecumenical event at 0615, SMC. All other regular services will be held.

Healer Chapel at Evans Army Community Hospital

Palm Sunday and Easter: Regular Sunday Worship Times
Holy Thursday: Christ in the Passover Service 6:30 p.m.

Good Friday: Protestant Service at 10 a.m.; Mass at noon.

Youth of the Chapel — Activities for Protestant and Catholic Middle School and High School Youth take place each Tuesday evenings at 6:00 p.m. at Soldiers' Memorial Chapel. Protestant High School activities include Bible Studies on Sunday, 9:30 a.m. and Tuesday 6:00 p.m. at Soldiers' Memorial Chapel. Catholic youth classes meet at 10:45 on Sunday, Soldiers' Memorial Chapel.

Religious Education — Religious education is conducted each Sunday at Soldiers' Memorial Chapel for Protestant and Catholic children and adults. Protestant Sunday School meets at 9:30 a.m. and Catholic Family Religious Education meets at 10:45 a.m. Everyone is welcome.

Chapel

Catholic Events for Lent, which began Ash Wednesday.

Today — A meatless soup and bread supper will be at Soldiers' Memorial Chapel at 6 p.m. followed at 7 p.m. by a "Living Stations of the Cross" performance. All are welcome.

Stations of the Cross followed by meatless soup and bread supper will be held every Friday at Soldiers' Memorial Chapel at 5:30 p.m. from Friday through April 2. All are welcome. The Protestant community will be joining us for this Lenten devotion.

Wednesdays of Lent from Wednesday to April 7, there will be a light Lenten lunch with a short talk/devotion from noon to 1 p.m. at Soldiers' Memorial Chapel.

Holy Thursday, April 8 — A special Mass, "Liturgy of the Lord's Supper," will be celebrated.

Good Friday, April 9th — "The Liturgy of the Lord's Passion" will be celebrated at 3 p.m., the hour Christ died, at Soldier's Memorial Chapel. This consists of the long Passion narrative from the Gospel of St. John, followed by formal and solemn intercessions, followed by veneration of the cross. Reception of Holy Communion from the Reserved Sacrament will be available for those Catholics who wish it in the Blessed Sacrament chapel at the conclusion of this liturgy. All are welcome to attend the Liturgy of the Lord's Passion.

Holy Saturday, April 10th — The Easter Vigil Mass will be celebrated at Soldier's Memorial Chapel beginning at 8 p.m. It lasts from two to three hours.

Easter Sunday, April 11th — Easter Sunday Masses are at 9:30 a.m. at Soldier's Memorial Chapel and at 12:15 p.m. at Provider chapel.

Chapel Schedule
ROMAN CATHOLIC

Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Tues., Wed., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez	Chap. Patton/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Patton/526-5769
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman	Chap. Patton/526-5769
Sunday	9:30 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Patton/526-5769
Sunday	10:45 a.m.	CRE	Soldiers'	Nelson & Martinez	Pat Treacy/526-5744
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Patton/526-5769
Tuesday	6:30 p.m.	RCIA	Soldiers'	Nelson & Martinez	Pat Treacy/526-5744
Saturday	4 p.m.	Reconciliation	Soldiers'	Nelson & Martinez	Chap. Patton/526-5769
PROTESTANT					
Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Kincaid/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Borden/526-3711
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Fox/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Byrd/526-2811
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Byrd/526-2811
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Schreck/526-5626
Tuesday	9 a.m.	PWOC	Soldiers'	Nelson & Martinez	Chap. Fox/524-1166
Sunday	11 a.m.	Contemporary	Veterans'	Magrath & Titus	Chap. Ellison/526-8890
Sunday	6 p.m.	PYOC	Soldiers'	Nelson & Martinez	Ms. Schreck/524-1166
LITURGICAL					
Sunday	10:45 a.m.	Lutheran	Provider	Barkeley & Ellis	Chap. Lloyd/526-3888

For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.

WICCA

Monday	6:30 p.m.	Family University	Building 1161	Melissa Dalugdug/330-7873
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MORMON

Sunday	2 p.m.	LDS	Provider	Chap. Jones/526-3718
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NATIVE AMERICAN SWEATLODGE

Native American Sweatlodge ceremonies (He Ska Akicita Inipi) are offered to military personnel, dependents and Department of Defense personnel for traditional prayer and purification. Fasting before the ceremony is recommended and refreshments are offered following the ceremony. Please call the following for ceremonial information and directions. Michael Dunning 382-5331 or 330-9537, or Zoe Goodblanket 442-0929.

For additional information, contact the Installation Chaplain's Office, building 1550, at 526-5209. Normally, free child-care is available during on-post worship services.

Daily Bible readings: In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

Friday — Psalms 88 & Numbers 28-30

Saturday — Psalms 89 & Numbers 31-33

Sunday — Psalms 90 & Numbers 34-36

Monday — Psalms 91 & Deuteronomy 1-3

Tuesday — Psalms 92 & Deuteronomy 4-6

Wednesday — Psalms 93 & Deuteronomy 7-9

Thursday — Psalms 94 & Deuteronomy 10-12

The Army Cycle Of Prayer — Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the chaplain community and pray for these individuals and organizations. Please pray this week for the following:

Unit: For the Soldiers and leaders of the U.S. Army Reserve, 412th Engineer Command, headquartered at Vicksburg, Miss.

Army: For the Soldiers, noncommissioned officers and officers of the Military Police Corps. Pray that God will bless this branch, which often needs personnel but whose mission of protection and vigilance never ends.

State: For all Soldiers and families from the state of South Carolina. Pray also for Gov. Mark Sanford, state legislators and other officials of the Palmetto State.

Nation: For the thousands of girls, den mothers and volunteers in the American Girl Scouts. May God richly bless these young ladies and grow them into women who are role models for future generations.

Religious: For the Soldiers and families from the Christian Methodist Episcopal Church. Pray also for the chaplains endorsed to military service by this community of faith.

For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at www.usarmychaplain.com.

Fort Carson's watching ...

PX won't tolerate shoplifting

by **Spc. Aimee J. Felix**
Mountaineer staff

Shoplifting is on the rise, but the Fort Carson Post Exchange is leading the way with its security system and detention of shoplifters, said Terry Tupai, loss prevention manager for the Fort Carson, Peterson Air Force Base and Air Force Academy Army and Air Force Exchange Service.

Fort Carson mayors were given a tour and a briefing Tuesday of the security system in place at the PX. The purpose of this is so they will spread the word to their communities that shoplifting is a serious issue — one that Fort Carson will not let slide, said Joey Bautista, the mayoral program coordinator.

Living in a military installation doesn't make crime a non-issue, said Tupai. Fort Carson's PX has documented an average of 13 to 15,000 unobserved shoplifts a year. Last year, thanks to the security system at the PX, 150 shoplifters were caught. "They say that for every shoplifter you catch, 10 get away," said Tupai.

There are about 34 surveillance cameras throughout the PX. In addition to that there are undercover detectives roaming the store. Some of the more commonly shoplifted items are video games, trading cards, makeup, cologne and clothing. Security workers at the PX focus in on those areas in the store with even more detail.

Shoplifters vary in age, from the very young to

the very old. "Just last week, we caught an 82-year-old man shoplifting. We don't discriminate," said Tupai. Active duty Soldiers caught shoplifting on post will be turned over into the custody of their unit commanders by the military police. What punishment they will receive is up to the commander. Such punishment can range from an Article 15 to a court martial. Cases involving retirees, family members and Department of Defense civilians are processed by the military police and then turned over to the Judge Advocate General office.

Shoplifters who are caught are fined a flat rate of \$200, and if the stolen merchandise is damaged and cannot be sold, the value of the item is added to the fine. Proven accomplices are also charged a \$200 fine. This \$200 goes to help retailers offset their high merchandise losses and their added cost for security.

Three attempts will be made to recover this money. A letter will be sent to the individual caught, giving him or her 30 days to respond. The fine can be disputed with a letter to the general manager "pleading your case," said Tupai. If

the letter of dispute is not accepted, the individual must pay immediately. If payment is not received then a second letter will be sent out. For active duty Soldiers involved in shoplifting this second letter will be sent to his or her unit commander. The third and final attempt of recovery will be made through the Internal Revenue Service.

In addition, military installations are required to suspend shoplifters' shopping privileges for a period of at least six months. This suspension includes not entering the premises at all. Fort Carson, however, suspends a shoplifter's privileges for a year. This is enforced by a suspension placed through military identification cards. If shoplifters decide to violate this suspension and enter the PX anyway, they can be charged with trespassing.

The shopettes on post have similar security systems, on a smaller scale. And, the

commissary also has surveillance cameras.

The PX will be upgrading its security systems to be able to continue catching shoplifters even more so than before.



New barracks

From Page 15

above will have their own single bedroom, living room and common area. The common areas for both include a bathroom and a kitchenette. The kitchenettes are equipped with a sink, a refrigerator, counter space, cabinets and a microwave.

The Army has been working on applying this standard to all single-Soldier barracks for a few years. And, the goal is to have all Army barracks meet this standard by 2010. These new barracks will improve the quality of life for our Soldiers and boost their morale, said Col. Hal K. Alguire, director of Public Works.

The Department of Public Works did everything in its power to ensure that at least one of these new barracks buildings were ready for this rotation of 3rd BCT Soldiers coming home. The other building, building 1555, will be ready for the rest of the returning Soldiers by April 15. The third floor is already done and ready to be inspected by the Army Corps of Engineers for a final approval.

On each floor and each end of the barracks there is a laundry room. There is also a study room and a recreational common area for all Soldiers in the barracks to use. This area includes a pool table, a foosball table and a TV room with a plasma screen TV. "I'm just satisfied with the nice pool table," said Vincent, who after 11 months in the desert is more than happy with the new barracks.

Storage rooms with storage cages have also been built into the new barracks for Soldiers to use if they run out of space in their bedrooms. The cages will be assigned to Soldiers through their units. All the bedrooms have a walk-in closet, and drawers under the beds, which makes the best of the space provided. And, to provide good lighting with privacy, two rows of glass blocks have been placed vertically next to the barracks room doors. Also, there is parking on both ends of each barracks building.

"It was awesome and a great thing to come home to."

Spc. Allen Vincent
3rd Brigade Combat Team
a new barracks resident



Theron Eland, a contracted carpenter puts the finishing touches on the border of a hallway window in one of the new barracks buildings. This building will be complete April 15.

Photo by Spc. Aimee J. Felix

Welcome Home

by Spc. Aimee J. Felix
Mountaineer staff

Stomachs tighten whenever someone approaches the podium at a homecoming ceremony. Restless children, anxious mothers and yearning wives wait to hear the announcement, "The buses have arrived at Fort Carson."

In the last month and a half, several homecoming ceremonies at the Special Events Center have honored the return of 2,053 Soldiers from the 3rd Armored Cavalry Regiment, the 3rd Brigade Combat Team, the 112th Infantry Division and the 52nd Engineers Battalion. They've returned from an 11-month deployment in support of Operation Iraqi Freedom.

In every ceremony, a formation of returning Soldiers marches to the tune of Toby Keith's "Courtesy of the Red, White and Blue," while children dressed in "my daddy's a Soldier" T-shirts wave flags and banners through the cheering crowd.

The master of ceremonies always ensures the ceremony is as short as possible. As Maj. Gen. Robert Wilson, commanding general, 7th Infantry Division and Fort Carson, puts it, "This is not the time for speeches, but for reunions."

As soon as the command "dismissed" is given, parents, children, siblings, grandparents, spouses and fiancées rip through the crowd into the arms of their Soldiers.

"It's a relief to be home; all I want to do is spend time with my wife," said 1st Lt. Russ Gibson, platoon leader, 4th platoon, 220th military police company. "He's been gone for exactly 368 days," said his wife, Cindy.

Some Soldiers were overwhelmed with how great it felt to be home. "I don't even know what to think; I guess I'll have a delayed reaction," said Spc. Gerardo Quijano, crew chief with the 4th Squadron, 3rd Armored Cavalry Regiment.

These ceremonies can sometimes cause a long waiting time for families, as the scheduled starting times are never final. Because of how restless children can be during times like these, Child and Youth Services has set up a child-care center at the Special Events Center to be used during these ceremonies. "It gives children a chance to play in a safe environment and the parents can relax," said Rozanne Call, CYS outreach services director. CYS provides this service for town meetings, memorial services, etc., said Call.

Also, there are phones available at the Special Events Center for Soldiers to use after the ceremony to call anyone in the world for free. This service is being provided by MCI.

In this rotation of Operation Iraqi Freedom, Fort Carson will be welcoming home about 8,000 more of its Soldiers.



Photo by Sgt. David Davis

Returning troops snap a sharp salute to the national colors moments before being released to join their family members.



Photo by Spc. Aimee J. Felix

A Soldier rushes into the arms of her waiting husband at a welcome home ceremony for 3rd Combat Brigade Team troops.



Photo by Spc. Jon Wiley

Family members can hardly contain their excitement after catching the first glimpses of their returning Soldier after months of separation.



Photo by Sgt. David Davis

Children keep busy while waiting for their returning Soldiers at the free on-site child-care provided by Child and Youth Services.



Photo by Pfc. Stephen Kretzinger

A young boy in the crowd of family members and friends holds up a homemade sign to show his grandpa he is proud of him and glad he is home.



Photo by Pfc. Stephen Kretzinger

Spc. Michael Russell, intelligence analyst, 66th Military Intelligence, embraces his wife Marilinda, as his son, Tre, 5 months, hangs around waiting patiently for his turn to greet his dad. Russell was also welcomed home by his two daughters, Jackie, 2, and Julie, 6. "It's great to be home," said Russell.

Sports & Leisure

Undeclared battle

Quartermasters beat Cheyenne Mountain

by Walt Johnson
Mountaineer staff

Editor's note: The post intramural playoffs are currently underway at Waller Physical Fitness Center. The games will run the next two weeks, culminating in the championship round March 29 and 30 at the Special Events Center.

Before the game Feb. 26 between undefeated Cheyenne Mountain and the 59th Quartermasters, one thing was clear, somebody's undefeated season was about to end.

The only two teams that had gone through the season undefeated met for what each team hopes is the first of two meetings this year. The second meeting would be in the playoffs in the winners' bracket championship game in two weeks.

The Quartermasters started the game fast, building a double-digit lead on the Mountain team and for the first time this season, the Mountain team faced the reality of playing from behind.

As the Quartermasters got out to a 28-18 lead with just under six minutes left in the first half, it seemed like the game would not be a battle of titans but a blowout victory for the

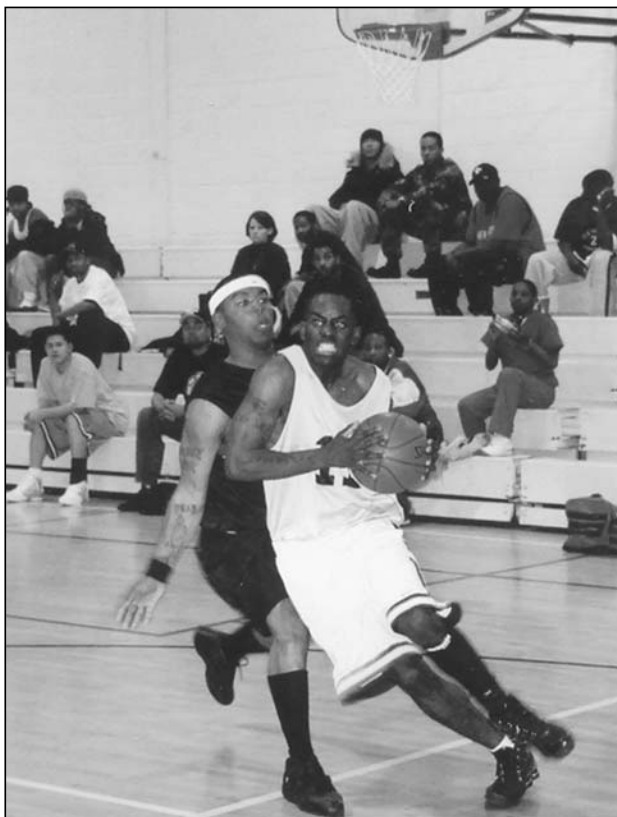
Quartermasters, especially after the Quartermasters went into halftime with a 34-22 lead.

The second half would be a serious gut check time for the Mountain and a sign of the Quartermasters' ability to put a quality opponent away. The results of the second half for both teams were positive.

The Mountain team outscored the Quartermasters 24-23 to show they were not going away quietly, while the Quartermasters team did just what it needed to do to earn a 57-46 victory and finish as the only undefeated team on post.

After the game, 59th Quartermaster coach Terry Donnell said his team got out to a quick lead and played well because he knew the quality of the competition demanded that.

"We felt we had to come out and play pressure defense in order to beat Cheyenne Mountain. My guys have played together for three years, in some cases, and they know a champion has to play to its ability to beat quality teams. The good news for me is we got a quality win like this, but I still don't think we have played the best game we can play," Donnell said.



Photos by Walt Johnson

Jeremy Oliphant, left, drives around the defense of a 59th Quartermaster player to score a layup.



Cheyenne Mountain guard Brandon Tow, 8, goes around three 59th Quartermaster players to score a layup.



Jatavis Jackson, left, 59th Quartermaster guard, puts up a shot attempt over the defense of Cheyenne Mountain's Steve Silas, 13.

On the Bench

Soldier shows team spirit is not reserved for the basketball court

by **Walt Johnson**
Mountaineer staff

For all the Soldiers who are returning or have returned from overseas duty, thank you for what you did, what you do and what you continue to do for your country.

Sometimes you think people have lost the fun of the game of intramural and then something wonderful happens.

This is not meant to be chip to get on the provost marshal's good side (wink, wink) but I have to tell you this story.

I heard talk of a sweet shooting, scoring machine who plays for the 7th Infantry Division named Darren "Doc Roc" Love, (okay it was from Love) post provost marshal. One of the things he said about himself was he is "just like a game warden. I believe in catching the pass and releasing a lethal shot in the basket on my opponents.

Love backed up his words Monday at Waller Physical Fitness Center as he helped the 7th ID win its game against the 60th Ordnance 76-52.

Love scored 18 points in the game, second to teammate Anthony Ringold who scored 28 points and two more than teammate Ben Clayton.

During the game, as he admired his

work, Love looked over to the score table and said "I'm all that, a bag of chips and a drink," with a smile.

After the game everyone enjoyed the fun, especially Love and this reporter. There still is room for fun in intramural play.

I was at Waller Physical Fitness Center Feb. 26 watching the post's two undefeated teams do battle.

Toward the end of the game the two teams that played the next game were coming into the game and preparing to play. Nothing unusual about that but there was something unusual about one of the fans (Nicole Bowden) of the 423rd Engineers team.

Bowden walked into the facility with two garbage bags in her hand, and anyone who didn't know her would have concluded would be used to clean up the area of the bleachers where she and her friends were sitting. That conclusion would be wrong.

As she sat in the stands Bowden began blowing air into the garbage bags. She then tied them up and had two pompoms ready to cheer on her team.

"I feel like I am my unit's biggest sup-

See Bench, Page 31



Photo by Walt Johnson

Jump to it ...

World Class Athlete Program wrestler Eric Albarracin performs a jump rope routine prior to the All-Army vs. Team U.S.A wrestling match at the post special events center Feb. 25.



Photo by Walt Johnson

"I love this game" ...

Nicole Bowden, 423rd Engineers, gets into the swing of things at her unit's intramural games by blowing up garbage bags and using them for pompoms as she roots for "my unit." See a related story on page 30.

Bench

From Page 30

porter. I come out here to motivate our guys to play well. I love this game and I feel its important for our team to know that someone is willing to cheer for them," Bowden said.

Marvin Brown, 423rd Engineers coach, said the efforts of Bowden are not lost and is highly appreciated by the team. "What she does is show the reserve unit's team spirit and we couldn't be more proud of her for coming out to cheer for us. For her to take the time and come and cheer for us — the support for intramural games is not as good as I would like to see it here, is unbelievable. At one point someone asked me if its embarrassing that she is sometime the only one in the gym cheering. To the contrary, we think its motivational and inspirational," Brown said.

On March 24, the post will host a soccer clinic, which is a require-

ment for all unit head and assistant coaches.

On March 25 the post will also host a volleyball clinic for unit head and assistant coaches. The clinics will be held at the Special Events Center, building 1829, from 1 to 3 p.m.

For more information on the clinics or other intramural activities, contact Lamont Spencer or Joe Lujan at 526-6630 or fax them at 526-6096.

The Fort Carson Ladies Golf Association will hold a season opening coffee April 6 at 9 a.m. at the Cheyenne Shadows Golf Course.

The coffee will be held at the golf course snack bar where there will be free refreshments. All women — military, family member or civilian — are encouraged to come out and sign up for a year of fun and excitement, according to Nancy Pittman, Ladies Golf Association President.

For more information on the event, call Pittman at 597-5574 or Sharon Tracer at 527-1034.

Fitness Feature

Full body tone exercise class...

Gina Casanova, left, leads a class through a full body tone workout Saturday at Forrest Fitness Center. Aerobics and spinning classes are held Monday through Saturday at Forrest Fitness Center. For classes and times please call the Forrest Fitness Center staff at 526-2706.



Photo by Walt Johnson

Mountaineer Youth Sports

Trojans two wins away ...

Fountain-Fort Carson Trojans coach Anthony Ribaud, right, goes over the game plan with the Trojans prior to its district title win against Harrison High School Feb. 28. The Trojans met Pueblo South Thursday for the right to play for the state championship Saturday at the Coors Event Center on the campus of the University of Colorado. If the Trojans won Thursday's game, they will meet the winner of the Sierra vs. Broomfield game for the 4A state title Saturday at 6:15 p.m at the Coors Event Center.



Photo by Walt Johnson

Mountaineer Sports Spotlight



Photo by Walt Johnson

The season's over ...

Parents, coaches and members of the Youth Center Nuggets team and their siblings got together in Fountain after completing their season Saturday at the post youth center.

Mountaineer Youth Sports

Bam-Bam basketball ...

The post youth center won't be completely without basketball now that the youth basketball season is over. The 4- to 5-year-old bam-bam league will be played until April 15 at the center.



Photo by Walt Johnson

Stepping into the past at the Pioneers Museum

El Paso pioneers



Story and photos by
Nel Lampe

Mountaineer staff
everyone should know
some history about his
community. A good place to start is
the Colorado Springs Pioneers
Museum. Not only is local history
depicted and local artifacts dis-
played, the building itself is a piece
of history.

The museum is housed in a lux-
urious building which served as the
El Paso County Courthouse for 60
years. A new courthouse was built
in the 1960s and the old courthouse
was to be demolished. A group of
local citizens fought successfully to
save the historic building. The
building was designated to become
the new home of the Colorado
Springs Pioneers Museum.

The building makes a splendid
home for the museum, with its
wide hallways, highly polished
floors and rare columns, called
scagliola, hand painted to look like
marble. Oak paneling is used exten-

sively.

The courthouse was designed
and built when Colorado Springs
was quite prosperous. Many
Colorado Springs citizens were
enjoying personal wealth brought
about by the gold boom in nearby
Cripple Creek. Several millionaires
lived along "millionaire row," north
of Colorado College, where huge
mansions reflected the new-found
wealth.

Mine owners weren't the only
millionaires; others made fortunes
in real estate, gold extraction mills,
transporting ore, investment and
tourism. Colorado Springs founder,
Gen. William Palmer also started
the Denver and Rio Grande
Railroad which was expanded to
reach silver and gold mines in
Western Colorado. His Antlers
Hotel drew international travelers
who arrived by train. The rough,
frontier town now had thousands of
trees, brick houses and prominent
buildings, such as the Mining and



**The oak-paneled courtroom has
been used in movies.**

Exchange Building and a new post
office.

Local citizens wanted a court-
house befitting the city. Local
architect August J. Smith was cho-
sen for the project, which caused
public controversy. Some citizens
didn't want an unknown architect;
others debated where the court-
house should be built.

The architect chose a classical
revival style architecture, a popular
style for public buildings in many
U.S. cities at that time.

As ornate and luxurious as the
building was when finished, it was
built and furnished for less than
\$500,000.

A permanent exhibit in the
museum displays drawings, pho-
tographs and details about the
courthouse's construction.

Note some of the details on the
building's exterior before entering.

The Colorado Springs Pioneers
Museum is dedicated to preserving
the history and culture of the



**The luxurious 1893 court house has wide hallways, arches, hand-
painted columns, carvings and murals.**



**Places to see in the
Pikes Peak area.**

Museum

From Page 37

region. The museum has a collection of more than 450,000 objects.

Start the museum visit by watching the 20-minute video depicting Colorado Springs history, "Colorado Springs Then and Now."

Portraits on the main floor call attention to prominent citizens such as Palmer, who gave land for several city parks, Colorado College and other gifts. His name is on many local landmarks: Palmer Park, William J. Palmer High School and Palmer Hall at Colorado College. A small exhibit case is in the lobby and a large exhibit of Palmer artifacts is on the third floor.

Spencer Penrose, owner of the world-class Broadmoor Hotel and the Pikes Peak Highway as well as founder of Cheyenne Mountain Zoo and Pikes Peak or Bust Rodeo, has a portrait displayed, alongside that of his wife Julie. Penrose's name is on hospitals, a library, a school and an equestrian stadium.

Winfield Scott Stratton, a carpenter who became a multi-millionaire when he sold his gold-rich mine, made many gifts to the city, including a new trolley system, the Stratton Home off Highway 115 and the land on which the post office was built. Two pieces of ornate furniture belonging to Stratton are displayed on the first floor. An exhibit of some of his personal effects is on the top floor.

Zebulon Pike, whose name is on the peak west of Colorado Springs, was sent to explore this part of Colorado in 1806. He and the soldiers accompanying him had seen Pikes Peak from what is now Las Animas. Pike called it "Grand Peak," and after attempting to climb it in during November 1806, wrote that no human could climb it. An exhibit on the top floor of the museum is devoted to Pike. A statue of Pike is located a block or so north of the museum, near the sheriff's building.

A large collection of Van Briggles pottery is housed in a room on the main floor. Artus Van Briggles is one of many tuberculosis patients who came to Colorado Springs for the dry, clear air prescribed for TB patients in the late 1880s and early part of the 20th century. Van Briggles was a talented artist who won many awards for his art pottery and his work with re-creating a matte glaze which had been lost in the 1300s. The Van



An early drugstore is one of the exhibits in the Pioneers Museum.



The Pioneers Museum pays homage to Gen. William Palmer, Colorado Springs' founder in a second floor exhibit. His Civil War uniform is at left.

Briggles company is still in business. A video, "Dreams Made of Clay," is available in the video viewing room in the lobby.

An unusual exhibit on the top floor is in tribute to Helen Hunt Jackson, a noteworthy author who also came to Colorado Springs for her health in 1873. Jackson, whose friends included Emily Dickinson, Harriet Beecher Stowe and Ralph Waldo Emerson, lived in the house when it was on East Kiowa Street. The house was built by Stratton. The house is filled with Jackson's furnishings.

An extensive collection of Ute Indian items are displayed in the museum, along with historic photographs. The Utes were indigenous to the Pikes Peak area. Highway 24 West follows the route once called the Ute Pass Trail, worn into a road by several generations of Ute Indians as they traveled through the area. This same route was used by trappers, explorers, miners, stage coach drivers and settlers heading west.

Throughout the museum is a large collection of art depicting Colorado, Indians, buffalo and other early West scenes, painted by leading artists of the time.

A "Relics and Oddities" exhibit displays some very odd items, including a stack of melted plates which had been in the Chicago fire, melted silverware from the Antlers Hotel fire, a piece of the cross, a piece of wood from the log cabin where Abraham Lincoln was born and many other odd artifacts. It's near the lobby.

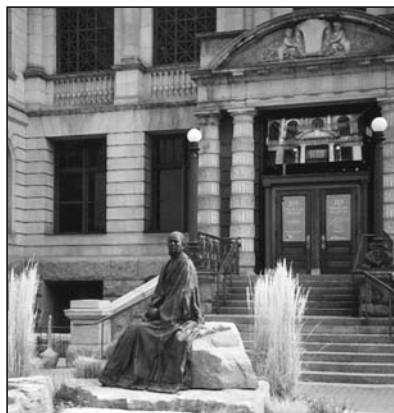
The top floor also has an extensive display about Colorado Springs early settlers. Early medicine in Colorado Springs is also displayed. Historic photographs depict some of the 17 sanitariums and huts used by TB patients in the late 1800s and early 1900s. A "lunger's" hut is in the display. An early drugstore, an early dentist office and antique instruments are nearby.

The original courtroom remains as it was in 1903. One of the most beautiful courtrooms in the nation, the oak paneled courtroom serves as an auditorium for museum lectures and programs and has been used in movies and television programs.

The museum changes exhibits throughout the year.

A small museum store has a large collection of books on Colorado and local history as well as a selection of postcards and souvenirs.

The Friends of the Colorado Springs Pioneers Museum hosts lectures featuring a speaker addressing local subjects. The lectures



A statue honoring Katherine Lee Bates, author of "America the Beautiful," is at the Pioneers Museum entrance.

are free. "The Outrageous Time of Molly Brown" is March 20 at 2 p.m. Reservations are required, call 385-5990.

A special program about "Old Ironsides," the 200-year-old ship moored in Boston's Charlestown Navy Yard, is presented at the museum April 1 at 7 p.m. and April 3 at 2 p.m. Called "Old Ironsides' Across the Nation," an illustrated commentary is presented by members of the USS Constitution crew and the Boston Museum. Reservations are required; call 385-5990.

Free family activities are set for April 3 and 4, from 10 a.m. to 5 p.m. Constitution crew members will present hourly demonstrations of the gun deck, rope tying and reading signal flags. Reservations are not necessary.

The museum is at 215 S. Tejon and is open Tuesdays through Saturdays from 10 a.m. until 5 p.m. Between Memorial Day and Labor Day the museum is open on Sunday from 1 until 5 p.m.

Admission is free. Parking is on metered parking on the streets by the museum.

Just the Facts

- **Travel time** 15 minutes
 - **For ages** all
 - **Type** museum
 - **Fun factor** ★★ ★★ 1/2 (Out of 5 stars)
 - **Wallet damage** free
- \$ = Less than \$20
\$\$ = \$21 to \$40
Based on a family of four)

Happenings

Get Out!

Mining museum

The Western Museum of Mining and Industry hosts the "Super Saturday" program Saturday, "Angel Food Faults and Peanut Butter Folds." Reservations suggested, admission is \$3.

The mining museum is at 1025 N. Gate Road, opposite the Academy's north gate.

Academy theater

Bob Berkly, mime and clown, is in the Air Force Academy's Arnold Theater April 17. Performances are at 3 and 7:30. Call 333-4497 for tickets.

St. Patrick Day parades

The annual St. Patrick's Day Parade is Saturday in Old Colorado City. It begins at noon. The colorful parade runs along West Colorado Avenue between 27th and 17th streets. There's a five-kilometer race at 10 a.m. and a children's fun run at 11 a.m.

Denver's St. Patrick's Day Parade begins Saturday at 10 a.m. near Coors Field.

Disney on ice

Disney on Ice is Wednesday through March 21 at the Colorado Springs World Arena, featuring characters from Tarzan, The Jungle Book and The Lion King. Performances Wednesday through Friday are at 7:30 p.m. Daytime performances are set for March 30 and 31. Military Appreciation Night is Thursday; buy one adult ticket and get a child's ticket for half price at Tickets and Registration; call 526-5366.

New exhibit at museum

The Denver Museum of Nature and Science has opened a new exhibit, "Machu Picchu: Unveiling the Mystery of the Incas." The Machu Picchu was uninhabited for almost 400 years until it was discovered in 1911. The

exhibit includes dioramas from the ruin, Inca art and an archaeological dig. There is no special admission price for this exhibit, which will be in the museum through May 9. The Denver Museum of Nature and Science is in Denver's City Park, at 2001 Colorado Boulevard.

Dance Theater

"The Tweaksters," an eccentric blend of dance, dexterity and flying objects, present two shows at Pueblo's Sangre de Cristo Arts Center's Children's Playhouse Series March 20 at 11 a.m. and 2 p.m. Call (719) 295-7222 for tickets.

Denver concerts

Rod Stewart is in concert at the Pepsi Center in Denver, April 8 at 7:30 p.m. Call 520-9090 for ticket information.

Alan Jackson and Martina McBride are at the Pepsi Center in Denver April 1. Call 520-9090 for ticket information.

Kelly Clarkson and Clay Aiken, of American Idol fame, are in Denver's Pepsi Center April 13 at 7 p.m.; call 520-9090.

World Arena concerts

Barenaked Ladies have a concert March 22; tickets start at \$35. Tickets are at the World Arena box office; call 576-2626.

Cirque in Denver

Cirque Du Soleil's "Varekai," the newest production, opens June 3 at the Pepsi Center. Tickets start at \$38.50; call (800) 678-5440, Ticketmaster at 520-9090 or go online at www.cirquedusoleil.com.

Gen. Franks to speak

Gen. Tommy Franks is speaking at Boettcher Hall at 7 p.m. March 30, in downtown Denver. His lecture is about an hour long, including questions. Tickets start at \$40; call 520-9090.

Harlem Globetrotters

The Harlem Globetrotters are in the Colorado Springs World Arena April 7. Call 576-2626 for tickets.

Spring Break camps

Spring Break camp is at Cheyenne Mountain Zoo March 22 to 25, from 9 a.m. to 3 p.m. for children ages 6 to 12. Call 633-9925, Ext. 127 for information.

Spring Break nature camp March 22 to 26, 9 a.m. to 3 p.m. at Fountain Creek Nature Center for children in first through fifth grades. Reservations are required, call 520-6745.

Spring Break nature camp is at Bear Creek Nature Center from 9 a.m. to 1 p.m. March 23 to 26. Reservations are required, call 520-6387.

Philharmonic concert

"Flash Cadillac" the band from the movie, American Graffiti, will play with the Colorado Springs Philharmonic Pops presentation March 20 at the Pikes Peak Center. Call 520-SHOW for ticket information.

Mostly Mozart

The Pueblo Symphony's concert, "Mostly Mozart" is at 7:30 p.m. Saturday in Hoag Recital Hall at Colorado State University-Pueblo. Tickets start at \$20; call (719) 545-7967. The university is on Pueblo's north side, just east of Interstate 25.

Riverdance

The Irish dance production "Riverdance" is at Pikes Peak Center April 7 to 10. Call 520-9090 for ticket information.

Next in the Broadway series in the Pikes Peak Center is **"Miss Saigon,"** May 13 to 16. Tickets start at \$34, call 520-SHOW.

Ice skating

The John Hancock "Champions on Ice," featuring Michelle Kwan, Sasha Cohen and Tim Goebel, is in the Pepsi Center April 21 in Denver. Call Ticketmaster for tickets starting at \$34; call 520-9090.

Bull riders

Professional Bull Riders are in the World Arena April 16 and 17; tickets at 576-2626.

Furs, feathers and fins ...

Hunting application deadline draws near

by Chris Zimmerman

Fort Carson Wildlife Office

The application deadline for a Colorado big game hunting license, April 6, is fast approaching.

Bull elk tags for many Game Management Units to include both Fort Carson and the Pinon Canyon Maneuver Site, can be purchased over the counter directly from the Colorado Division of Wildlife at 4255 Sinton Road in Colorado Springs or from any licensing agent, such as some of the larger chain department and sporting goods stores. But most other big game limited licenses are available only by an annual drawing. Fortunately, the Division of Wildlife has made it easy to apply. You can submit the old fashioned way by filling out and mailing an application from the hunting brochure. Or you can apply on the Internet at <http://wildlifelicense.com/co/> or even by telephone toll free at (800) 244-5613. Be sure to have a credit card and your Conservation Certificate or Customer Identification Number handy.

If you are not lucky enough to draw a tag, you will be awarded a preference point to apply towards next year's drawing. The current situation on Fort Carson is that between four and five preference points were needed last year to draw a license for deer. Cow elk hunting was a different matter. In 2003, most hunters required only one point for cow elk, and one third of the tags were awarded with no points, but of 168 tags awarded, there were only 23 cows taken. In 2003, there were 49 male deer tags drawn and 43 bucks were actually taken from Fort Carson.

The deer population on Fort Carson appears to



Photo courtesy by Sgt. 1st Class Gary Wymore

These bucks were photographed one morning on Fort Carson.

be healthy, but the need to accumulate four or five preference points in order to hunt precludes most active duty military involvement. So what does an avid deer hunter do? Maybe its time to consider muzzleloading. In Colorado, there is a separate muzzleloading season and hunters only required one to two points to draw a license. Last year's muzzleloading season was from Sept. 13 to 21, which was more than a week before the opening of the rifle season, so you have your pick of good animals. Your license was also good in Game Management Units 57, 58, 59 and 581. Surprisingly, muzzleloading can be relatively cheap. A quality muzzleloader can be had for as little as \$200 to \$500. And new in-line technology has made shooting a muzzleloader much more reli-

able and accurate than in times past.

For first time or beginner hunters, the DECAM Wildlife Office may be able help you in retrieving and properly dressing your animal in the field. Wildlife Officers are very eager to assist hunters in these situations, if and when there are no other pressing matters to attend to.

Look for similar articles in the coming weeks, which address hunting opportunities at the Pinon Canyon Maneuver Site and efforts currently under way designed to increase hunting opportunities for active duty servicemembers.

For more information on hunting at Fort Carson, please visit our Web site at <http://mountain-prairie.fws.gov/gmu591>.



Courtesy photo

Parades...

Area annual St. Patrick's Day parades are Saturday morning. The parade in Old Colorado City begins at noon, following fun runs. The Denver parade begins at 10 a.m., in the vicinity of Coors Field.



Program Schedule for Fort Carson cable Channel 10, today to March 19.

Army Newswatch: stories on the Comanche program, Senate Armed Services Committee testimony and the STRYKER brigade in Iraq. Airt at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Navy/Marine Corps News: stories on the WASP Expeditionary Strike Group, the One Source program and Naval Air flight simulators. Airt at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Air Force News: stories on suicide intervention programs, maintaining the Raptor and Air Force broadcast journalism. Airt at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

The Mountain Post Community Town Meeting, held monthly, airt at 9 a.m. and 5:30 p.m.

Army Healthwatch: stories on ephedra,

whooping cough and Echinacea (repeat). Airt at 11 a.m. and 11 p.m.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts. Access the schedule at the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at CommandInfo@carson.army.mil.

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you wish to have a training videotape shown on Channel 9 only, contact the Training Support Team at 526-5111.

For additions to the Community Calendar, please submit an e-mail to the above address, send a clean, typewritten copy of the information to the Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913 or fax information to 526-1021 no later than the day before the desired airing time.